

2019 MOSAC2  
PROFESSIONAL DEVELOPMENT INSTITUTE

*I am...*

ENRICHED • GROWING • SHARING  
LEARNING • CHALLENGING MYSELF

NOV. 15 - 17 2019  
THE LODGE OF FOUR SEASONS  
AT THE LAKE OF THE OZARKS

[mosac2.org](http://mosac2.org)

# I am...

## FROM THE COMMITTEE CHAIR

Welcome to the 2019 MOSAC2 PDI! I am... excited! I am also honored to represent the wonderful group of people who put together this year's conference. We are so happy to have you join us and to have the opportunity to celebrate you as an individual in the field of school-age care. The focus of this year's conference is "I am...". This theme was determined with you as an individual in mind. We recognize that every program is made special by the individual staff that complete it. Without you, we couldn't serve youth in the powerful way that we do.



Without you, relationships might not be built. Without you, students might not feel supported, loved and challenged. YOU are so important, and the work that we do together is made better because of you. We want to acknowledge all of the different roles you play when serving youth: caregiver, educator, nurse, mediator, entertainer, chef, scientist, artist and so much more!

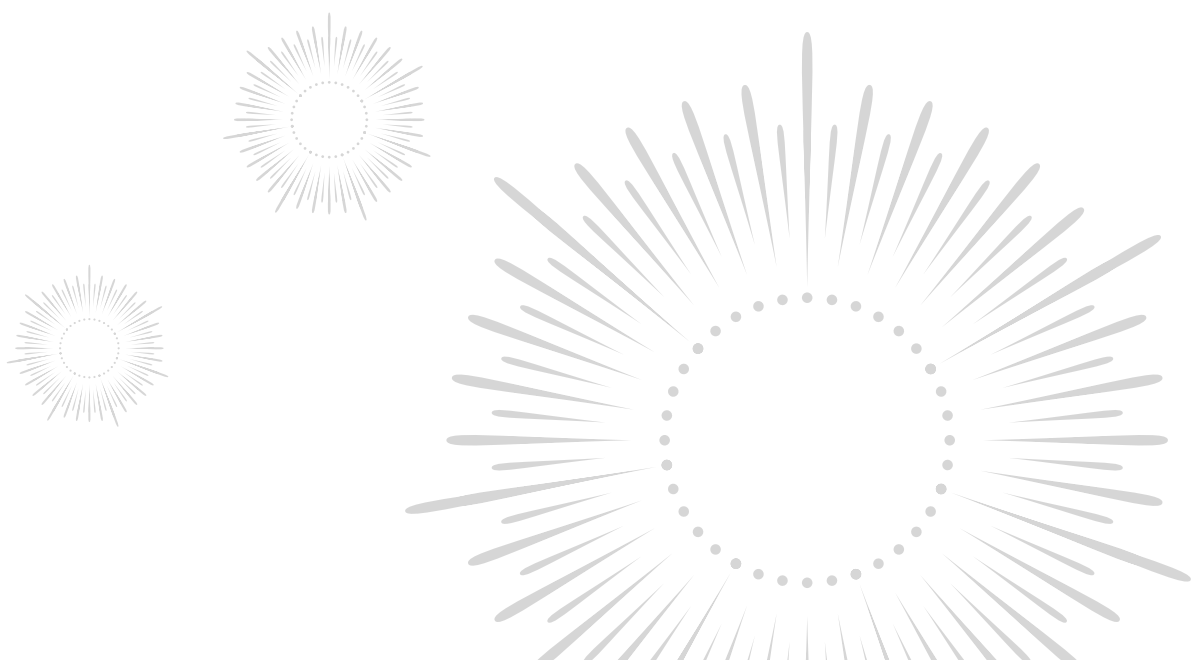
Whatever your strengths are, you are... appreciated! We hope to offer you a variety of new tools to add to your multifaceted tool belt so you can continue to grow and develop and be the very best version of you. You are all special and we are grateful to have every one of you working alongside us in this effort to protect the well-being of young people and build a foundation of education and enrichment.

Sincerely,  
**Jana Ramsey**



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# MASN AFTERSCHOOL LEADERSHIP

Leanne Cantu	Co-Chair working with Afterschool Committees	Parkway-Rockwood Adventure Club
Stoney Hays	Co-Chair working with Campaign Committee	Boys and Girls Clubs of the Ozarks
Cassie Hackett	Funding & Sustainability Chair	Lee's Summit BASS
Leigh Ann Clayton	Professional Development Chair	MU Adventure Club
Colleen Abbott	Public Policy and Awareness Chair	Eldon LEAP
Lisa Driskel-Hawxby	Quality Chair	OPEN Initiative
Brian Crouse	STEM Chair	Missouri Math and Science Coalition
Tyler Kearns	Professional Development Vice-Chair	Clayton Kid Zone
Deborah Taylor	Public Policy and Awareness Vice-Chair	United 4 Children
Lupita Fabregas	Fiscal Agent	4-H Center for Youth Development
Sean Akridge	Regional Organizational Partner	LINC
Lynn Cole	Statewide Organizational Partner	DHSS - Section for Child Care Regulation
Rayanna Dalton	Statewide Organizational Partner	MAACCE Category Chair
Cindy Heislen	Statewide Organizational Partner	DESE - Extended Learning
Kelly Kemper	Statewide Organizational Partner	DESE - Extended Learning
Justin Logan	Statewide Organizational Partner	DSS - Children's Division
Wayne Mayfield	Evaluator	OSEDA
Laurie McTearnen	Statewide Organizational Partner	YMCAs
Angie Merritt	Statewide Organizational Partner	MO Parks & Rec Association
Janet Miles	Regional Organizational Partner	LINC
Beth Rasa-Edwards	Statewide Organizational Partner	Missouri 4-H
Jimmy Reed	Statewide Organizational Partner	DESE - Extended Learning
Terri Foulkes	Executive Director	MASN
Mark Cowsert	Funding & Sustainability Liason	MASN
Brad Lademann	Quality Liason	MASN
Jason Patrie	Public Policy and Awareness Liason	MASN
Anne Reeder	Professional Development Liason	4-H Center for Youth Development
Clint Darr	STEM Liason	MASN
Alicia Pierro	MASN Staff	MASN

# CONFERENCE PLANNING COMMITTEE

## Wow & Pizzazz: Daytime Fun

- Kayla Roath - Committee Chair
- Jodi Dixon
- Megan Griggs
- Jana Ramsey
- Tracy Schumacher

## Wow & Pizzazz: Evening Fun

- Chrissy Poertner – Committee Chair
- Cassie Eckman
- Pam Nihiser
- Ashley Reekie

## Wow & Pizzazz: Decorations

- Alyssa Wilson – Committee Chair
- Lorenzo Harrison
- Melanie Oden
- Tiffany Oden
- Cassandra Pyburn

## Volunteers

- Leigh Ann Clayton

## Other Committee Members

- Anne Reeder
- Colleen Abbott
- Sasha Seaton
- Alicia Pierro
- Emily Adams

## Marketing & Publicity

- Leanne Cantu
- Lisa Driskel-Hawxby
- Stoney Hays
- Justin Logan
- Laurie McTearnen

## Silent Auction

- Ginny Graf
- Theresa Owens

## Leadership Academy

- Cassie Hackett
- Nancy Hazard
- Tyler Kearns
- Mark Cowsert

## Presenters

- Brad Lademann
- Tyler Kearns

## Celebration Banquet

- Mark Cowsert
- Terri Foulkes

## Exhibitors

- Mallory Renick

# Advance your education in **POSITIVE YOUTH DEVELOPMENT**

**Enroll in the Master's program in Youth Development**

**at the University of Missouri**

## **REASONS TO CHOOSE THIS PROGRAM**

- Courses are 100% online; no campus visits required
- Flat rate tuition - no distance or out-of-state costs
- Flexible timeline to completion
- Work full time while earning a graduate degree
- Enhance your current work and move up the career ladder
- Interact with students and professors across the globe
- Take charge of your own learning and career growth

## **PROGRAM CHOICE**

- Master of Arts: 36 credit hours  
+ Customize your elective courses and capstone experiences
- Graduate Certificates: 13 credit hours each  
+ Youth Program Management & Evaluation  
+ Youth Development Specialist

**Accepting applications for Spring, Summer, and Fall**

**[hdfs.missouri.edu/grad\\_online.html](https://hdfs.missouri.edu/grad_online.html)**

### **HELP YOUTH SUCCEED**

Promote positive outcomes in youth by recognizing their strengths, fostering positive relationships, and providing youth with opportunities to learn, lead, connect, and serve.

### **UNDERSTAND CONTEXT AND ENGAGE INFLUENCERS**

Recognize the diverse contexts that impact the lives of youth while promoting positive youth development through engagement with family, school, community, and policy.

### **EMPOWER THROUGH THEORY AND RESEARCH**

Use evidence informed practice to advocate for youth through the design, implementation, and evaluation of programs with guidance on seeking funds and engaging policymakers.



/HDFSMizzou  
@MizzouHDFS  
@mizzou\_hdfs

The Youth Development program is administered as part of the Great Plains IDEA. Learn more at [www.gpidea.org/program/youth-development](http://www.gpidea.org/program/youth-development)

**PROGRAM CONTACT**  
Melissa Herzog, Advisor | [herzogm@missouri.edu](mailto:herzogm@missouri.edu)



## **Chat Pack Facebook Group**

Join the Chat Pack Facebook group from 12-1 once a month for a casual lunchtime conversation via Zoom.

December 13  
January 10  
February 7  
March 13  
April 17  
May 15

Visit the Chat Pack Facebook group for the zoom link each month.

MOSAC<sup>2</sup> PRESENTS

# SCAVENGER HUNT

A FUN SCAVENGER HUNT  
AROUND THE LAKE

Saturday, Nov. 16

Packet pick up at Thirst  
between 5:00 and 5:30 PM

5 - 8:30 PM

2 TO 6 PLAYERS  
PER TEAM

FOLLOW CLUES AND TAKE  
PICTURES TO EARN POINTS

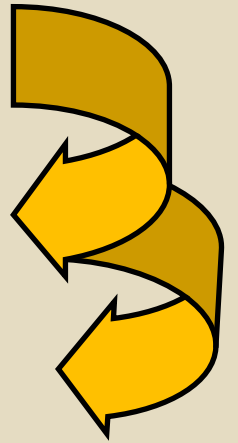
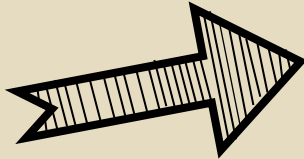
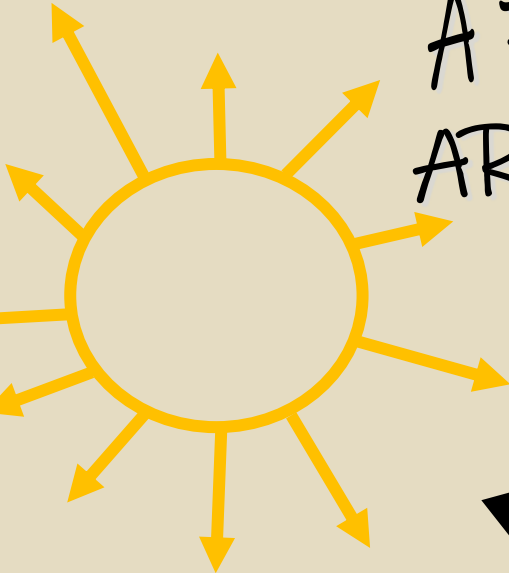
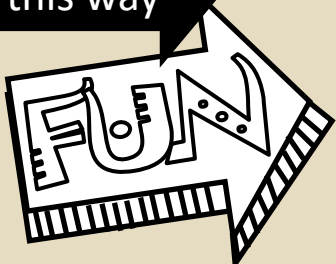
PRIZES FOR  
TOP TEAMS

After Party!!!!

SCAVENGER HUNTERS AND  
NON-HUNTERS ALL INVITED

8:00 - 10:00 PM at  
Thirst and  
neighboring arcade.  
Drinks and late  
night snacks will be  
provided.

this way





**Does your program have a contract with the state to serve children through the subsidy system? If so, consider attending the Child Care Business Information Solution Public Training Session**

**Friday, November 15th**  
**Eagles Peak Room**

*(out main doors and into the building on the right)*

**9:00-10:15 am and 2:00-3:15 pm (repeated)**

**Session A – Introduction to KinderConnect Training**

This session is an introduction to the Child Care Business Information Solution (CCBIS) and a complete training on the KinderConnect (portal) system.

**10:30-11:45 am and 3:45-5:00 pm (repeated)**

**Session B – KinderSign/KinderSmart Training and Conclusion**

This session is a complete training on the KinderSign (Tablet) and KinderSmart (phone application) systems. This session also includes information if a childcare provider already utilizes an electronic time and attendance system, the timeline to begin using the CCBIS, and where to get system support.

DSS encourages all child care providers to attend; providers who may have received on-site training, providers who need additional/refresher training, or even providers that have not yet received any training. The training will provide more in depth information than the on-site training a child care provider receives during installation.



**Our Mission:** Lead the nation in building the capacity of individuals, families, and communities to secure and sustain healthy, safe, and productive lives.



# I am...

## KEYNOTE SPEAKERS



### DR. BERTICE BERRY

No one defies stereotypes, generalizations or clichés more than Dr. Bertice Berry. Growing up poor in Wilmington, Delaware, Bertice was told by a high school teacher that she was “not college material.” Bertice graduated magna cum laude from Jacksonville and earned a Ph.D. from Kent State University at the age of 26. Bertice went on to become an award-winning comedienne, host her own talk show, appear in national media outlets, and publish several bestsellers.

### DEVAN BLACKWELL

Devan Blackwell, M.A., is an accomplished leader in the field of education. As a Learning Consultant for Spatialosophy™, LLC, Devan collects and analyzes data to assess the effectiveness of projects. His past experience includes working for a state-level government agency, teaching at-risk, urban school populations, international study abroad, and cultivating partnerships with donors and outside organizations. He has been awarded a competitive fellowship to conduct research on improving the quality of student experiences.



# I am...

## WORKSHOP DESCRIPTIONS

FRIDAY, NOVEMBER 15

WORKSHOP 1 (9:00 - 10:15 A.M.)

### 60 Seconds That Can Change a Young Person's Life (Administrator Session) - Jessie Jones, Young Entrepreneur Institute. **MALAGA**

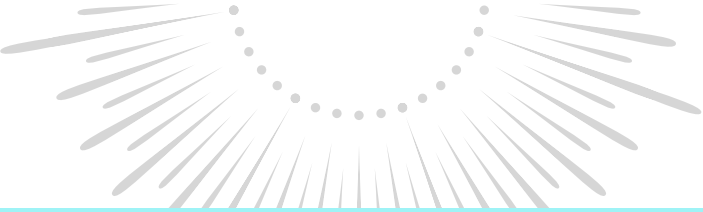
"So, tell me about yourself?" That's a common question young people hear when interviewing for a job or college. The answer can have a big impact on their lives. The answer is their personal pitch. You will walk away from this session with everything you need to teach your middle and high school kids how to create and deliver an effective personal pitch. Help your kids (and you!) develop this critical life skill.

### A History of Afterschool in America Documentary. **CORDOBA THEATER**

After school programs have been a valuable resource for many families and students for over a hundred years. In fact, many people do not even know the history and significant society impact Afterschool has. In the documentary, the History of Afterschool in America, the Temescal Associates and the How Kids Learn Foundation tell the history, its importance on low-income youth, contemporary practices, and the hopes for the future in after school.

### Agriculture in Afterschool: STEM with Plants, Animals, and Outdoor Environments - Colleen Abbott, Kim Kaibel, Ginny Graf, and Sasha Seaton, Eldon LEAP. **SEA CHASE**

Food, fiber, and fuel are just a few of the items that make up agriculture in Missouri. Engaging students in where their food comes from and how science and math are all around us in nature are just a couple of the activities we will explore in this session. Caution: This session is not a sit & get - be prepared for hands-on learning and fun to take back to your program on Monday!



**It's In the Bag: Creating a Bag of Tricks for Success with Real-World Challenges - Viviana Hernandez Saint-Louis, Kids Included Together (KIT). **MARBELLA A****

Working with children and youth takes a certain amount of flexibility and thinking on your feet. Participants will learn about tangible tools that can be used to support children and youth with disabilities or behavioral challenges as well as those who may just be having a rough day. The module also introduces tools you can use when you feel stuck, and programming isn't going as planned.

**Moomba: Let's Get Together & Have Some Fun! -Jana Ramsey, Parkway-Rockwood Adventure Club. **LOOKOUT****

Moomba is a completely interactive session that will give the attendee hours of unique games to help kids get to know each other, cooperate, and think quickly. The games taught stem from theater and improvisation and the workshop will reinforce how improv skills (laughter, flexibility, quick-thinking, and creativity) can be useful in life.



**Remaining Resilient: Mitigating Compassion Fatigue and Burnout Through Self-Care, Peer-to-Peer Accountability and Reflexive Practice-Renee Reed Miller, Columbia Housing Authority. **VALENCIA A****

Are you tired, stressed, worn out and ready to crash at the end of the work day? Are you growing jaded, cynical, numb and restless in your role as a caregiver, instructor and/or community organizer? Unknowingly, you may be reeling from the effects of vicarious trauma. Join us for a refreshing analysis of targeted practices and self-care techniques useful in promoting resilience within high-stress work environments. We all love the meaningful work we do; but we don't need to let it "eat us alive." Find new ways to remain accountable in creating a safe, trauma-informed space for the staff, youth and families you serve.

**A History of Afterschool in America Documentary.  
CORDOBA THEATER**

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**Foundations of Inclusion - Viviana Hernandez Saint-Louis,  
Kids Included Together (KIT). MARBELLA A**

Including children with disabilities in child and youth development programs can be very challenging, but nothing is more rewarding than witnessing a child make a friend, enjoy a game or experience an accomplishment. This workshop will allow participants to face the fears involved in inclusion, through activities designed to promote an understanding of Inclusion and support children with disabilities.

**Girls Who Code: An Interactive Workshop for Prospective  
Club Facilitators and Prospective Community Partners - Mary  
Timmel, Girls Who Code. SEA CHASE**

For our session today, I will be giving an introduction to Girls Who Code, and why our mission is so important. I will be giving an overview of our largest Clubs programming, the impact the program has already made, and how you can get involved. To give you a better understanding of what a Club could look like, we'll also be doing a deeper dive into hands-on sample activities you can take back to your own students!

**How to Help Your Students Discover Their Career Interests-  
Jeff Beiswinger and Jay Webster, RPDC. VALENCIA A**

This interactive session will demonstrate how to utilize Missouri Connections Implementation Frameworks to guide students through the discovery of their career interests and skills. Participants will learn how to access and navigate the Implementation Frameworks in addition to Career Exploration Resources that can be used to enrich a lesson and provide relevance to student learning.

## Raise Them Up! 4 Mindful Ways to Shift the Climate of Your Program-Julia Gabor and Dena Roberts, Kid-Grit. **LOOKOUT**

Do your social-emotional & character ed programs need a REFRESH? Learn hands-on activities in areas of mindfulness, health & nutrition, community engagement, & digital/social consciousness. This session provides a BRAND-NEW approach to the development of 21st-century skills with grit & resilience! It's time for something new- let's start here!

## Understanding ACEs to Improve Your Afterschool Program-Michael Lemon, Kansas Enrichment Network. **MALAGA**

We will explain how toxic stress changes how children respond to the world around them. By understanding triggers and other responses to toxic stress you the after school worker can begin to arrange their environment to care for children who have suffered from ACEs. By building a safe, secure and nurturing environment, children coming from challenging home situations can begin to learn better, heal and learn strategies that teach hope and resilience.

## What I Need to Know for my DESE 21st CCLC/SAC Grant - Cindy Heislen and James Reed, DESE Extended Learning. **ESCOLLO**

This session is for program directors/coordinators of DESE's current 21st CCLC or SAC grants. We will discuss common monitoring findings, budgets, programmatic aspects of the grant and provide an opportunity to ask questions.

**LUNCH (12:00 - 12:45) LOCATED IN MARBELLA B**

**KEYNOTE (12:45 - 1:45 P.M.)**

## KEYNOTE: I AM...A LIFELINE, Devan Blackwell, Founder and CEO-Chief Enthusiasm Officer-of Thrive After 3.

### **MARBELLA B**

Devan Blackwell's keynote aims to amplify the self-affirming message of the MOSAC2 conference. Through storytelling, testimonials and visual imagery, I Am...a Lifeline will make the assertion that out-of-school time practitioners are significant influencers in the lives of the youth they serve, and emphasize their potential to leave an imprint in the memories and life trajectories of those youth.



## WORKSHOP 3 (2:00 - 3:15 P.M.)

### 4-H: All Access-Sarah Morefield and Vanessa New, 4-H Youth Development. **VALENCIA A**

The 4-H: All Access program model was designed in partnership with the North Kansas City School District Adventure Club to bring the full 4-H experience into the world of after school. Clubs are created during the before/after school time and youth are full 4-H members participating in officer elections, presentations, project work, service opportunities and county/regional events.

### A History of Afterschool in America Documentary. **CORDOBA THEATER**

After school programs have been a valuable resource for many families and students for over a hundred years. In fact, many people do not even know the history and significant society impact Afterschool has. In the documentary, the History of Afterschool in America, the Temescal Associates and the How Kids Learn Foundation tell the history, its importance on low-income youth, contemporary practices, and the hopes for the future in after school.

### Element C: Curiosity and the Out-of-School Time Experience-Devan Blackwell, The After 3 EXP. **MARBELLA A**

Curiosity is the enhancer of every meaningful, memorable learning experience. Creating a culture of curiosity in out-of-school time settings can reinvent traditional views of teaching and learning, and lead to transformative outcomes for students and practitioners alike. During this high-energy, interactive session, participants will gain an understanding of: how the natural curiosity of practitioners and youth can be combined to co-create a culture of curiosity in a learning space; and, how infusing elements of curiosity into out-of-school time learning experiences can create possibilities for students (& practitioners) to self-actualize and thrive.



## Impactful Facilitator Tips: 8 Simple Strategies for Classroom Management-Julia Gabor, Kid-Grit. **LOOKOUT**

"How do I manage kids?" Ever wonder where to begin? Whether you are in the classroom or in afterschool program-- join this session! Explore and engage in activities and dialogue about how to develop relationships with youth, lead by example, and inspire them to learn!

## Making Career Connections and Nurturing Youth's STEM Identity-Perrin Chick, Afterschool Coaching for Reflective Educators in STEM (ACRES). **SEA CHASE**

Research indicates that it is afterschool educators, like you, that make a huge difference in the career choices of youth. So how do you get youth to think about STEM careers that might be of interest to them? Join this session to experience engaging activities, learn strategies, connect with colleagues, and receive lesson plans and resources. We will also reflect on how you nurture student's STEM identities. The ACRES team will help you infuse simple STEM activities into your program and highlight the difference you can make in the career paths of youth.

## The MASN+220 Partnership (High School Programs)-Matthew and Joseph Moheban, 220. **ESCOLLO**

Come learn about the exciting new partnership between MASN and 220, a Chicago-based education company. MASN and 220 will be providing a statewide student leadership summit, access to powerful leadership and workforce curricula, and more. Join us to find out how you can get involved and benefit from this partnership!

**SNACK BREAK (3:15 - 3:45)**  
**LOCATED OUTSIDE GRANDA AB**



## WORKSHOP 4 (3:45 - 5:00 P.M.)

### A History of Afterschool in America Documentary.

#### **CORDOBA THEATER**

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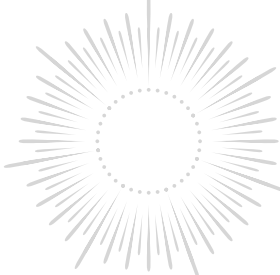
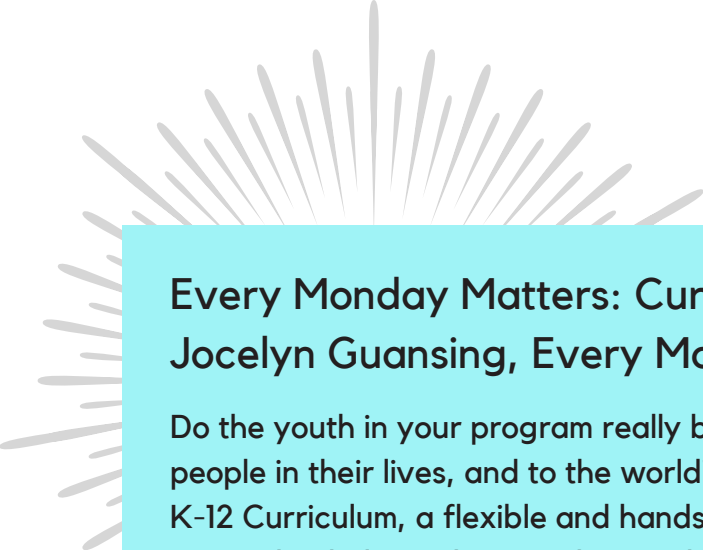
### Leading Generations: Connecting to a Multi-Generational Workforce-Tyler Kearns, Clayton Kid Zone. **SEA CHASE**

From "Boomers to Gen Z" your team is made up of a variety of different age groups, but can they see past their generational differences to work together? Come explore the many generations among your team and learn to connect with those you work with.

### Cooking Without a Kitchen: Teaching Kids How to Cook Tasty Treats in any Classroom-Colleen Abbott and Kim Kaibel, Eldon LEAP. **ESCOLLO**

Learning how to cook healthy meal items is something we want to provide students in our programs. BUT, this can be very difficult without a kitchen! This session will provide participants with multiple ideas to teach cooking skills, including math and reading strategies, in any classroom with equipment costing less than \$100.





## Every Monday Matters: Curriculum for Lasting Change- Jocelyn Guansing, Every Monday Matters. **LOOKOUT**


Do the youth in your program really believe that they matter—to themselves, to the people in their lives, and to the world? Join us to explore the Every Monday Matters K-12 Curriculum, a flexible and hands-on Social and Emotional Learning program created to help students understand how much and why they matter. Discover how to use this no-cost program with students of all ages in your after-school programs, classes, clubs, and more.

## MoScores and More-Linking Occupations to Training Outcomes-Ronda Anderson, Dept. of Higher Education and Workforce Development. **MALAGA**

Researching career and training options can be a daunting task for students of any age, making information and data key parts of the decision-making process. A new tool, MoSCORES, links education and training to wage, employment and credential outcomes for both credit and noncredit programs. Additional career exploration resources, such as an enhanced Missouri Connections; career pathways; and customizable reports with in-demand occupations help to identify options for those seeking career opportunities. In this session, learn how to use these resources to assist students in their search.

## Sick Science-Misty Alexander and Ginger Keeton, Dixon Dawg Pound. **MARBELLA A**

Are you ready for a fun time? Come join Sick Science for some fun, hands on, interactive, and engaging STEM activities to wow your after school crowd!



**Taking Care of You: Managing Stress and Improving Health in Your Work and Life—Amy Bartels, Human Development Specialist, MU Extension. VALENCIA A**

This session offers practical strategies to help individuals manage their stress and improve their overall health and well-being. This can allow individuals to improve their ability to care for and support the children they serve. The topics of discussion are based on the University of Missouri Extension, Taking Care of You: Body-Mind-Spirit program, an eight-session stress management program that integrates various research-based principles and techniques from the field of positive psychology.

**CELEBRATION OF AFTERSCHOOL (6:00 - 8:00 P.M.)  
LOCATED IN GRANADA AB**

**EVENING FUN (8 P.M.) LOCATED IN GRANADA AB**

**SATURDAY, NOVEMBER 16**


**BREAKFAST (7:00 - 8:00 A.M.) LOCATED IN GRANADA AB**

**KEYNOTE (8:00 - 9:00 A.M.) LOCATED IN GRANADA AB**

**BREAKFAST KEYNOTE: I AM: The Power of Effective Storytelling, Dr. Bertice Berry. GRANADA A & B**

In this presentation, sociologist, best-selling author and lecturer, Bertice Berry, PhD., illustrates the power of storytelling for work, life and building strong communities. "We are wired for narrative, Berry says, "which is why leaders all over the world are rediscovering the importance of effective storytelling for everything from building relationships, increasing trust and engagement and promoting the work you do."

Using her unique blend of humor, sociological research and storytelling, Berry will direct us in reframing the story we tell about ourselves, our colleagues, our young clients and our work. "The story you live is the legacy you leave," says Berry. Her own life story was formed and directed by the afterschool music program that enabled her to dream beyond the world she could see. You'll laugh, feel, and be inspired to know the power of your own I AM.





## EXTENDED BREAKOUT SESSION (9:15 A.M. - 12:00 P.M.)

### Every Monday Matters: Curriculum for Lasting Change- Jocelyn Guansing, Every Monday Matters. **LOOKOUT**

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### Help your students land their Dream Jobs-Matthew and Joseph Moheban, 220. **VALENCIA A**

Learn how to teach your students the resume, interview and career-readiness skills to land not just any job, but their dream job. This session will be led by 220, a Chicago-based social enterprise that helps visionary organizations deliver awesome learning experiences, scale their programs and create the student transformation they've always wanted.

### Let's Get Creative: Improvisation Theater Games and SEL- Julia Gabor, Kid-Grit. **MARBELLA B**

Get ready to get going, grow, glow, gasp, growl, giggle & grin! It's no secret that improv has been utilized for decades as a method of encouraging creativity, collaboration, critical thinking, communication. We will show you how it can be used as a disguised tool for SEL! Learn how to lead simple improvisational theatre games & implement them with your staff and/or your students. We address public speaking, creative writing, language arts, character education, team building, and leadership.

Listen, The Movie-Facilitated by Colleen Abbot, Eldon LEAP.  
**CORDOBA THEATER**

Listen, The Movie is a Hollywood style film that tells the story of what happens when we don't pay attention. It's about all of us and the impact we have on a regular basis by listening or not listening to one another. (Note: This film deals with heavy content around the topics of bullying, body image issues, suicide, and racism, as well as other issues. Please be aware when choosing to attend this session.)

More Questions, Less Advice: A New Habit to Change the  
Way You Lead Your Staff-Brad Lademann, MASN.  
**SEA CHASE**

Did you know that at least 45% of our behavior when we're awake is habitual? That applies to all that we do, including our leadership habits. Join us for this extended session as we explore building a new leadership habit to help coach others and unlock their potential through the use of strategic questions.

Makerspace—What's That?-Laura Evans, Platte County 4-H.  
**MARBELLA A**

Come learn how to inspire youth to use the experiential learning model to create, connect and educate in the maker space environment.

Responding to Aggressive Behavior-Viviana Hernandez Saint-  
Louis, Kids Included Together, (KIT).  
**GRANADA C (75 people maximum in this session)**

This module highlights how perceptions influence responses to aggressive behavior. Learners explore different characteristics of children who use aggression and the underlying influences on aggressive behavior. A course of action for responding to aggressive behavior is presented, with an in-depth focus on how to develop environmental supports.

Design Squad (STEM) – Lynna Lawson, Amanda Meek. **ESCOLLO**



**LUNCH (12:00 - 1:15) LOCATED IN GRANADA AB**

**WORKSHOP 5 (1:30 - 2:45 P.M.)**



**A History of Afterschool in America Documentary.  
CORDOBA THEATER**

After school programs have been a valuable resource for many families and students for over a hundred years. In fact, many people do not even know the history and significant society impact Afterschool has. In the documentary, the History of Afterschool in America, the Temescal Associates and the How Kids Learn Foundation tell the history, its importance on low-income youth, contemporary practices, and the hopes for the future in after school.

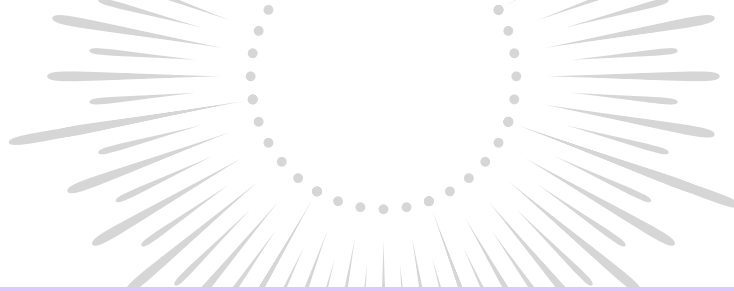
**Books, Bubbles, & Beakers: Science the Quirkles and  
Fuddlebrook Way!-Terri Johnson and Sherry Cook, Creative 3,  
LLC and Creative 3 Publishing Company. GRANADA C**

Do you want kids to look forward to your program all day long? Do you want to channel some of that pent up energy that's built up all day? It's easy! Come to Books, Bubbles, & Beakers-Science the Quirkles and Fuddlebrook Way and get ideas how to integrate hands-on science with fun storytelling. Water will disappear, eggs will fly, and balloon rockets will zoom all while making science relevant to the real world. Come prepared to participate in small groups and laugh a whole lot! We can't wait to see you!

**Community Outreach-Candy Napier and Samantha Majors,  
Van Buren R-1 Afterschool. ESCOLLO**

This session will address the topic of how to bring community members into your afterschool program on a regular basis. We will also present ideas on how to increase your parental involvement. Plan to leave this session with a clear path to success in reaching your community!





## Improving SEL Skills through Observation and Intervention- Karen DeChant Ross, Aperture Education. **VALENCIA A**

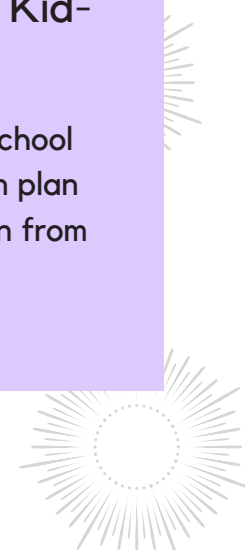
Social emotional skills can be measured and taught, and it's time to take the next step to improve our understanding of youths' SEL skill sets. This workshop will focus on Intentional Observation of social and emotional skills, how to prepare you & your staff to look for and provide opportunities for skill growth. Then we'll look at a few specific strategies and how your team can adapt them to fit different audiences, grade bands, and strengths within a group of youth.

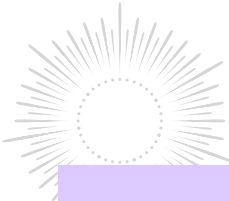
## Incorporating College & Career Readiness In Your Afterschool Program-Donna Garcia and Gus Robinson, 4-H Youth Development Specialists. **SEA CHASE**

Would you like your afterschool youth to learn more about preparing now for future higher educational options and soft skills needed for employment? Missouri 4-H can help you help youth develop their pathways by connecting the skills and knowledge needed in making career connections and how to get there. Sometimes youth just need help putting the pieces together, creating and focusing on goals, and understanding the steps to reach their goals. Your program can help do this!

## Oh No! I Have to Write a Lesson Plan! UGH!-Julia Gabor, Kid- Grit. **LOOKOUT**

Struggling with creating fun and innovative lesson plans for school or afterschool programs? In this workshop, we will review the basic components of a lesson plan with a twist of fun! We will learn by doing, discover, and create a lesson plan from scratch. We will share how to align lessons with standards while including opportunities for inquiry, collaboration, leadership, and reflection.





**Staff Roles and Responsibilities in Inclusive Programs-Viviana Hernandez Saint-Louis, Kids Included Together (KIT).**

**MARBELLA A**

This workshop provides an overview of staff roles in inclusive programs: support, bridge, and coach. Through activities, learners explore their thoughts about inclusive programs and making accommodations. Specific staff responsibilities are outlined and reinforced through a case study.

**I AM: The Story I Tell, Dr. Bertice Berry- MARBELLA B**

In this breakout session, Bertice Berry, PhD., will help you re-frame a narrative that encourages, inspires and elevates you, your team members, the young people you work with and the communities you build. Come build a better story.

**COFFEE AND CAKE WITH CHAT PACK (2:45 - 3:30 P.M.)  
LOCATED IN GRANADA AB**

**WORKSHOP 6 (3:30 - 4:45 P.M.)**

**60 Seconds That Can Change a Young Person's Life (For Front-Line Staff)-Jessie Jones, Young Entrepreneur Institute.**

**SEA CHASE**

"So, tell me about yourself?" That's a common question young people hear when interviewing for a job or college. The answer can have a big impact on their lives. The answer is their personal pitch. You will walk away from this session with everything you need to teach your middle and high school kids how to create and deliver an effective personal pitch. Help your kids (and you!) develop this critical life skill.

## A History of Afterschool in America Documentary. **CORDOBA THEATER**

After school programs have been a valuable resource for many families and students for over a hundred years. In fact, many people do not even know the history and significant society impact Afterschool has. In the documentary, the History of Afterschool in America, the Temescal Associates and the How Kids Learn Foundation tell the history, it's importance on low-income youth, contemporary practices, and the hopes for the future in after school.

## Coding With Macramé-Joy Taylor and Chevelle Stewart, St. Louis Public Schools Afterschool. **GRANADA C**

Participants will combine stem and art to create a unique piece of jewelry to wear and share. Participants will select either Morse Code or Binary Coding to share their message. This is a fun introduction to a type of coding and macramé jewelry making.


## Game Night All Night-Susan Dunn and Alexis Wetzel, Van Buren R-1 Afterschool. **VALENCIA A**

Wanting to host a family night with no tears? Come to this hands-on session and leave with all you need to successfully host a family game night!

## It's More Than "Just PLAY"!-Tyler Kearns, Clayton Kid Zone. **MARBELLA B**

Let's go hands on with "The Genius of Play" and discover the benefits behind play and take away games, activities, and resources to apply with program students and staff.





Planning Supports for Children and Youth with Autism Spectrum Disorder-Viviana Hernandez Saint-Louis, Kids Included Together (KIT). **MARBELLA A**

Planning supports requires an understanding of a child or youth's unique strengths and needs. When planning supports for children and youth with ASD, we need to think about their strengths and needs related to social communication, interaction, and sensory processing. How do these three domains impact participation and relationships? How do we adjust the environment to support friendship development and meaningful participation? We'll answer these questions and more on this workshop. As a result, you will be able to develop accommodations that match up with each child's strengths and talents.

Statewide Afterschool Evaluation-Jason Patrie, MASN and Dr. Wayne Mayfield, OSEDA. **ESCOLLO**

In this workshop we will review the Statewide Evaluation and Data for the 18-19 SY. We will also examine the last 5 years of afterschool data collection in Missouri.

Trauma Sensitive, Expressive Intervention: Linking Targeted SEL Outcomes to Mental and Behavioral Support in an Afterschool Setting-Renee Miller and Janice Brooks, Columbia Housing Authority and Moving Ahead Program. **LOOKOUT**

The importance of socio-emotional learning and development in an afterschool program cannot be understated; however, researchers of various disciplines now assert the growing necessity of trauma-sensitive, non-traditional approaches that move beyond mindfulness, to coping, healing and transformation. Join us, to learn more about the neurodevelopmental, neurophysiological, and neurobiological effects of trauma, and how to link SEL outcomes directly to mental and behavioral support as well as how to build a sustainable "growth mindset" within afterschool and community-building settings. Through hands-on expressive exercises (rooted in various disciplines including art) you'll learn how to synthesize and differentiate bottom-up interventions from the executive, top-down, or cognitive interventions.



**SCAVENGER HUNT (5:00 - 8:30 P.M.)**

**DINNER ON YOUR OWN (6:00 - 9:00 P.M.)**

**EVENING FUN (8:00 P.M.) LOCATED IN THIRST NIGHTCLUB**

**SUNDAY, NOVEMBER 17**

**BREAKFAST (7:30 - 8:15 A.M.) LOCATED IN GRANADA AB**

**INSPIRED BY AFTERSCHOOL TALKS (8:30 - 9:30)  
LOCATED IN CORDOBA THEATER**



**SPARK SESSION 1 (9:45 - 10:15 A.M.)**

A Description of Rural School-Age Children's Interests-Krista Tate and Janice Weddle, MU Extension, 4-H. **ESCOLLO**

Missouri 4-H offers a large variety of curriculum and activities ranging from robotics to sewing. The spark session would explain the preference of rural schoolchildren to 4-H curriculum based on the research of the two presenters. In addition, benefits to partnering with Missouri 4-H would be explored.

Afterschool Rockstars!-Clint Darr, Missouri AfterSchool Network. **Marbella B**

Anyone familiar with the field of afterschool knows its tremendous potential and the difference it can make for students. In this informative, interactive session you will learn and share resources, tips, and strategies that will take your program to the next level! In addition, we will touch on other program quality topics such as creating a welcoming environment, youth engagement, service learning, providing voice and choice, and relationship building. Come prepared to share YOUR best practices!



## Cooking Without a Kitchen: Teaching Kids How to Cook Tasty Treats in any Classroom-Colleen Abbott and Kim Kaibel, Eldon LEAP. **Marbella A**

Learning how to cook healthy meal items is something we want to provide students in our programs. BUT, this can be very difficult without a kitchen! This session will provide participants with multiple ideas to teach cooking skills, including math and reading strategies, in any classroom with equipment costing less than \$100.

## Girls Who Code: An Interactive Workshop for Prospective Club Facilitators and Prospective Community Partners-Mary Timmel, Girls Who Code. **SEA CHASE**

For our session today, I will be giving an introduction to Girls Who Code, and why our mission is so important. I will be giving an overview of our largest Clubs programming, the impact the program has already made, and how you can get involved. To give you a better understanding of what a Club could look like, we'll also be doing a deeper dive into hands-on sample activities you can take back to your own students!

## Soccer for Success-Beth Rasa-Edwards, 4-H. **LOOKOUT**

When most people think of 4-H, they think of our traditional clubs, but did you know 4-H programming is available on the pitch? Soccer for Success is a sports-based youth development program that creates positive social change. The Soccer for Success program was built by the U.S. Soccer Foundation and its partners to teach healthy lifestyles through the game of soccer to youth in underserved communities. With partnership with the U.S. Soccer Foundation, a certified 4-H leader also participates in a 7 hour coach-mentor training that will Kick Up Your program with Soccer for Success: 4-H Afterschool.

### **SPARK SESSION 2 (10:30 - 11:00 A.M.)**



## Makerspace—What's That?-Laura Evans, Platte County 4-H. **SEA CHASE**

Come learn how to inspire youth to use the experiential learning model to create, connect and educate in the maker space environment.

## MASN 101: Who We Are and What We Do, Jason Patrie, MASN. **ESCOLLO**

You are probably familiar with some of the work done by the Missouri AfterSchool Network (MASN). But do you know all of what we do? Join us for this spark session to learn more about MASN, their work, and how to get involved to help raise the quality of afterschool programming across Missouri.

## Moomba - Let's Get Together & Have Some Fun!-Jana Ramsey, Parkway-Rockwood Adventure Club. **LOOKOUT**

Moomba is a completely interactive session that will give the attendee hours of unique games to help kids get to know each other, cooperate, and think quickly. The games taught stem from theater and improvisation and the workshop will reinforce how improv skills (laughter, flexibility, quick-thinking, and creativity) can be useful in life.

## Reflection Strategies-Anne Reeder, MASN. **MARBELLA A**

Learning not only comes from "doing", but also reflecting about what we do. We often spend our day in a routine without reflecting about our experiences. However, when we participate in new experiences, experiences that are outside of our routine or comfort zone, learning and making connections to feelings and ideas will take place. Afterschool programs provide opportunities for youth to get out of their typical routine and engage with new experiences, which provides opportunities for youth to reflect on these new experiences. This SPARK session will discuss the importance of reflection and provide you simple activities that you can incorporate into your program on a daily basis.

## So You Want to be a Presenter?-Clint Darr and Brad Lademann, MASN. **MARBELLA B**

Have you ever thought about presenting a session at MOSAC2 or another conference? Would you like to be a better trainer for your staff? Join us in this Spark session for a brief overview of how to find and complete conference RFPs, a few do's and don'ts of presenting, and some tricks and tips to improve your presentations.




## SPARK SESSION 3 (11:15 - 11:45 A.M.)

### CAPSA Resources-Mark Cowser, MASN. **ESCOLLO**

Career Awareness and Post-Secondary Access (CAPSA) is MASN's initiative to resource and support the efforts of out of school time programs for their student's futures beyond high school. This session will present a variety of resources that programs can tap into as they look to begin or expand their programs career awareness and post-secondary access opportunities.

### Let's Chat...with Chat Pack-Erica Kreisler, Kids' Safari Afterschool Program. **MARBELLA B**



Have you ever thought of something to ask but just too nervous? Well Let's Chat and make connections on all things Afterschool and Chat Pack. Chat Pack is a networking group on Facebook for afterschool professionals in Missouri. Some people think I wish I would have done that or asked that... Well with Chat Pack we are doing/asking for the families and students we serve.

### Play While You Wait...Make Transitions Fun-Tyler Kearns, Clayton Kid Zone. **MARBELLA A**

Waiting and transitioning with kids can be a staff nightmare... come explore some games and activities that can help pass the time and make "waiting" fun.

### Sewing Your Way to Success-Charlye Clark, Van Buren R-1 Afterschool. **SEA CHASE**

Join us for this Spark session as we explore how to implement sewing into an after school program - STRESS FREE!

### The Power of Moments-Brad Lademann, MASN. **LOOKOUT**

Life is made up of all kinds of moments that we will remember or lots of moments we will forget. What if you can learn how to create memorable moments? Join us as we explore what makes a moment memorable and how to be intentional about creating moments for our students and staff.

## PRIZES IN CORDOBA THEATER (11:50 - 12:00 P.M.)



## SNACKS!

Please join us outside of Granada AB on Friday afternoon for a special snack break

with the exhibitors!

**3:15 – 3:45**

Ice Cream Bars, Pretzels, Popcorn, Ice Tea and Lemonade.

Saturday's snack break is sponsored by the Chat Pack, Missouri's afterschool

Facebook group.

**2:45 – 3:30**

Inside Granada AB. Coffee and Cupcakes with the Chat Pack.



## SAVE THE DATE

MOSAC2 2020: November 20-22 at Lodge of Four Seasons.

Want to help plan the 2020 PDI? Read more about the committees and let us know your interest by visiting [www.mosac2.org/planning](http://www.mosac2.org/planning)

## MOSAC2 SWAG



T-shirts available for sale. \$10/shirt and \$15/backpack

*I am...*

## VENDORS & EXHIBITORS

- Kelly Biggar and Jessie Jones: Young Entrepreneur Institute
- Jocelyn Guansing: Every Monday Matters
- Melissa Herzog: University of Missouri Department of Human Development & Family Science
- Sherry Hill: Scentsy Fragrance
- Terri Johnson: Creative 3, LLC. Quirkles Fuddlebrook Science
- Matthew Moheban: 220 Leadership
- Logan Strong: Ozarks Regional YMCA
- Mary Timmel: Girls Who Code
- Beth Rasa Edwards: 4-H Center for Youth Development
- Perrin Chick: Maine Mathematics and Science Alliance/ACRS
- Karen Ross: Aperture Education
- Julia Gabor and Dena Roberts: Kid Grit
- Judy King: Jewelry

*Thank you 2019  
MOSAC2 exhibitors  
for sharing your  
information  
with us!*

		Malaga (Fri) / Granada C (Sat)	Cordoba Theatre	Sea Chase	Marbella A
Friday	9:00 to 10:15	60 Seconds That Can Change a Young Person's Life	A History of Afterschool in America Documentary	Agriculture in Afterschool: STEM with Plants, Animals, and Outdoor Environments	It's in the Bag: Creating a Bag of Tricks for Success with Real-World Challenges
	10:30 to 11:45	Understanding ACEs to Improve Your Afterschool Program	A History of Afterschool in America Documentary	Girls Who Code: An Interactive Workshop for Prospective Club Facilitators	Foundations of Inclusion
	12:00 to 12:45	Lunch (Marbella B)			
	12:45 to 1:45	Keynote: I Am...A Lifeline (Marbella B)			
	2:00 to 3:15	(Cancelled)	A History of Afterschool in America Documentary	Making Career Connections and Nurturing Youth's STEM Identity	Element C: Curiosity and the Out-of-School Time Experience
	3:15 to 3:45	Snack/Exhibiter Break (Outside Granada AB)			
	3:45 to 5:00	MOScores and More-Linking Occupations to Training Outcomes	A History of Afterschool in America Documentary	Leading Generations: Connecting to a Multi-Generational Workforce	Sick Science
	6:00 to 8:00	Celebration of Afterschool Dinner (Granada AB)			
	8:00	Live Band, Dancing, and Fun! (Granada AB)			
Saturday	7:00 to 8:00	Breakfast (Granada AB)			
	8:00 to 9:00	Keynote: I AM: The Power of Effective Storytelling (Granada AB)			
	9:15 to 12:00	Responding to Aggressive Behavior	Listen, The Movie	More Questions, Less Advice: A New Habit to Change the Way You Lead Your Staff	Makerspace - What's That?
	12:00 to 1:15	Lunch (Granada AB)			
	1:30 to 2:45	Books, Bubble, & Beakers: Science the Quirkles and Fuddlebrook Way!	A History of Afterschool in America Documentary	Incorporating College & Career Readiness in Your Afterschool Program	Staff Roles and Responsibilities in Inclusive Programs
	2:45 to 3:30	Coffee and Cake with the Chat Pack (Granada AB)			
	3:30 to 4:45	Coding With Macramé	A History of Afterschool in America Documentary	60 Seconds That Can Change a Young Person's Life (For Front-Line Staff)	Planning Supports for Children and Youth with Autism Spectrum Disorder
	6:00 to 9:00	Dinner on Your Own (pick up scavenger hunt packet in Thirst)			
8:30 to ...	Late Night Fun! (Thirst Nightclub)				
Sunday	7:30 to 8:15	Breakfast (Granada AB)			
	8:30 to 9:30	Inspired by Afterschool Talks (Cordoba Theatre)			
	9:45 to 10:15			Girls Who Code: An Interactive Workshop for Prospective Club Facilitators	Cooking Without a Kitchen: Teaching Kids How to Cook Tasty Treats in any Classroom
	10:30 to 11:00			Makerspace - What's That?	Reflection Strategies
	11:15 to 11:45			Sewing Your Way to Success	Play While You Wait...Make Transitions Fun
	11:50 to 12:00	Prizes (Cordoba Theatre)			



Lookout	Valencia AB	Escollo	Marbella B		
Moomba - Let's Get Together & Have Some Fun!	Remaining Resilient: Mitigating Compassion Fatigue and Burnout	(Cancelled)		9:00 to 10:15	Friday
Raise Them Up! 4 Mindful Ways to Shift the Climate of Your Program	How to Help your Students Discover Their Career Interests	What I Need to Know for my DESE 21st CCLC/SAC Grant		10:30 to 11:45	
Lunch (Marbella B)				12:00 to 12:45	
Keynote: I Am...A Lifeline (Marbella B)				12:45 to 1:45	
Impactful Facilitator Tips: 8 Simple Strategies for Classroom Management	4-H: All Access	The MASN+220 Partnership (High School Programs)		2:00 to 3:15	
Snack/Exhibiter Break (Outside Granada AB)				3:15 to 3:45	
Every Monday Matters: Curriculum for Lasting Change	Taking Care of You: Managing Stress and Improving Health in Your Work and Life	Cooking Without a Kitchen: Teaching Kids How to Cook Tasty Treats in any Classroom		3:45 to 5:00	
Celebration of Afterschool Dinner (Granada AB)				6:00 to 8:00	
Live Band, Dancing, and Fun! (Granada AB)				8:00	
Breakfast (Granada AB)				7:00 to 8:00	
Keynote: I AM: The Power of Effective Storytelling (Granada AB)				8:00 to 9:00	
Every Monday Matters: Curriculum for Lasting Change	Help Your Students Land Their Dream Jobs	Design Squad (STEM)	Let's Get Creative: Improvisation Theater Games and SEL	9:15 to 12:00	
Lunch (Granada AB)				12:00 to 1:15	
Oh No! I Have to Write a Lesson Plan!	Improving SEL Skills through Observation and Intervention	Community Outreach	I AM: The Story I Tell	1:30 to 2:45	
Coffee and Cake with the Chat Pack (Granada AB)				2:45 to 3:30	
Trauma Sensitive, Expressive Intervention	Game Night All Night	Statewide Afterschool Evaluation	It's More than "Just PLAY!"	3:30 to 4:45	
Dinner on Your Own (pick up scavenger hunt packet in Thirst)				6:00 to 9:00	
Late Night Fun! (Thirst Nightclub)				8:30 to ...	
Breakfast (Granada AB)				7:30 to 8:15	Sunday
Inspired by Afterschool Talks (Cordoba Theatre)				8:30 to 9:30	
Soccer for Success		A Description of Rural School-Age Children's Interests	Afterschool Rockstars!	9:45 to 10:15	
Moomba - Let's Get Together & Have Some Fun!		MASN 101: Who We Are and What We Do	So You Want to be a Presenter?	10:30 to 11:00	
The Power of Moments		CAPSA Resources	Let's Chat...with Chat Pack	11:15 to 11:45	
Prizes (Cordoba Theatre)				11:50 to 12:00	

# LODGE OF THE FOUR SEASONS MAP

