

Adventure Awaits
→
Afterschool

2018 MOSAC Professional Development Institute



FROM THE COMMITTEE CHAIR

Welcome, afterschool traveler, to the *2018 MOSAC2 PDI: Adventure Awaits Afterschool!*

Your quest is to find the key to unlock your next level of afterschool development. Let this booklet be your guide as you journey through the world of afterschool programming. The PDI team is excited to have you with us and has planned exciting events, workshops, and fun for you along the way.

As you discover your path, I encourage you to take advantage of every moment, learn from someone new, and step outside of your comfort zone. Afterschool is an everyday adventure supported by the activities we run, the stories we create, and the memories we make with our youth, families, and staff. Make this your adventure!

Along your route, please take time to visit with one of the MASN Afterschool Leadership Team members, or one of the statewide committee chairpersons, to find out how to get involved in our Quarterly Committee Meetings.

Afterschool is an Adventure, be the Explorer!

See you on the path,
Tyler Kearns
MOSAC2 2018 Chair



TABLE OF CONTENTS

| | |
|--|------------|
| MASN Afterschool Leadership Team | 4 |
| Conference Planning Committee..... | 5 |
| Schedule at a Glance | 6 |
| Adventure Activities..... | 7 |
| Keynote Speakers..... | 8 |
| Workshop Descriptions..... | 10 |
| Trivia Night..... | 21 |
| Spark Sessions..... | 22 |
| Future Events..... | 25 |
| Workshops at a Glance..... | 26 |
| Hotel Map..... | Back Cover |

MASN AFTERSCHOOL LEADERSHIP TEAM

| | |
|---------------------|---|
| Leanne Cantu | Co-Chair, Parkway-Rockwood |
| Stoney Hays | Co-Chair, Boys and Girls Club of the Ozarks |
| Cassie Hackett | Funding & Sustainability Chair, Lee's Summit |
| Colleen Abbott | Public Policy and Awareness Chair, Eldon |
| Leigh Ann Clayton | Professional Development Chair, Columbia |
| Lisa Driskel-Hawxby | Quality Chair, OPEN Initiative |
| Brian Crouse | STEM Chair, MO Chamber of Commerce |
| Mark Cowsert | Funding & Sustainability Vice-Chair and MAACCE Afterschool Category Chair, Hollister |
| Tyler Kearns | Professional Development Vice-Chair, Clayton |
| Erica Kreisler | Quality Vice-Chair, Independence |
| Deborah Taylor | Public Policy and Awareness Vice-Chair, United4Children |
| Allison Copeland | 4-H Center for Youth Development/Fiscal Agent |
| Cindy Heislen | Department of Elementary and Secondary Ed. |
| Jimmy Reed | Department of Elementary and Secondary Ed. |
| Lynn Cole | Department of Health and Senior Services |
| Justin Logan | Department of Social Services |
| Laurie McTearnen | YMCA of Greater St. Louis |
| Angie Merritt | Springfield Parks and Recreation |
| Kristy Knight | ARCHS |
| Wayne Mayfield | Office of Social and Economic Data Analysis/ Evaluator |
| Terri Foulkes | MASN Director |
| Jason Patrie | Funding & Sustainability Liaison, MASN |
| Casey Hanson | Public Policy and Awareness Liaison, MASN |
| Brad Lademann | Quality Liaison, MASN |
| Anne Reeder | Professional Development Liaison, 4-H Center for Youth Development |
| Clint Darr | STEM Staff Liaison, MASN |

CONFERENCE PLANNING COMMITTEE

Be sure to extend a special thanks to our
Conference Planning Committee!

Tyler Kearns – 2018 PDI Conference Chair

Wow & Pizzazz – Daytime Fun

Jeneen Rasch – Committee Chair

Tricia Biere

Jan Wilken

Misty Maragliano

Christine Grant

Kayla Bachman

Leanne Cantu

Wow & Pizzazz – Saturday Social

Colleen Abbot – Committee Chair

Sasha Seaton

Ginny Graf

Terri Mattern

Wow & Pizzazz – Decorations

Lexi Wolkow – Committee Chair

Stephanie Chauvin

Volunteers

Leigh Ann Clayton

Marketing & Publicity

Cassie Huckstep-Spangler

Lexi Wolkow

Silent Auction

Ginny Graf

Exhibitors

Mallory Renick

Leadership Academy

Cassie Hackett

Erica Kreisler

Presenters

Brad Lademann

Celebration Luncheon

Casey Hanson

Other Staff

Anne Reeder

Terri Foulkes

SCHEDULE AT A GLANCE

Friday, November 2

| | |
|-------------|---|
| 8:30 | Registration Opens |
| 10:00-11:15 | Workshop 1 |
| 10:30 | Exhibit Area Opens |
| 11:30-12:00 | Welcome and Keynote Speaker |
| 12:00-2:00 | Celebration Luncheon and Recognition Ceremony |
| 2:00-3:15 | Workshop 2 |
| 3:15-3:45 | Snack/Exhibitor break |
| 3:45-5:00 | Workshop 3 |
| 6:00-8:00 | Dinner on Your Own |
| 8:00 | Karaoke/Music/Private Bar in Thirst |

Saturday, November 3

| | |
|------------|--------------------------------------|
| 6:30 | Adventure Awakes |
| 7:00 | Registration Opens |
| 7:00-8:00 | Breakfast |
| 8:00-9:15 | Keynote Speaker |
| 9:30-12:00 | Extended Session |
| 12:00-1:15 | Lunch/Exhibitors |
| 12:30-1:15 | Keynote Breakout Session - Granada C |
| 1:30-2:45 | Workshop 6 |
| 2:45-3:30 | Coffee & Cake with the Chat Pack |
| 3:30-4:45 | Workshop 7 |
| 6:00-9:00 | Trivia Night |

Sunday, November 4

| | |
|-------------|-------------------------------|
| 6:30 | Adventure Awakes |
| 7:30-8:30 | Breakfast |
| 8:30-9:30 | Talks Inspired By Afterschool |
| 9:45-10:15 | Spark Session 1 |
| 10:30-11:00 | Spark Session 2 |
| 11:15-11:45 | Spark Session 3 |
| 12:00 | Prizes in the Cinema |

Adventure Activities



Earn Tickets & Win Big Prizes

Adventure Awakes

Saturday, 6:30 a.m.

Walk the Lake

Take in the fall views and join us on the Lakeview Outdoor Patio.

Get Fit

Join Tyler Kearns in Valencia B for a blend of cardio fitness and kickboxing to get your heart pumping.

Sunday, 6:30 a.m.

Walk the Lake

Take in the fall views and join us on the Lakeview Outdoor Patio.

Laughter Yoga

Laugh your stress away with Clint Darr in Valencia B.

Get caught up in the
Adventurous
spirit and POSE!
Find us to earn
tickets.

Say Cheese

Take A Break

Join others between sessions playing
GIANT games in the hallway.



Movie Trivia Night



Saturday | 6 p.m.

Food | Beverages | Fun

Everyone earns a ticket!

KEYNOTE SPEAKER



One of the most compelling voices of our time, Byron V. Garrett is Chairman of the National Family Engagement Alliance (NFEA); a nonprofit dedicated to transforming education through meaningful family engagement. Byron serves as the Director of Educational Leadership & Policy for Microsoft and a consulting author for Scholastic. Currently, he serves on the Advisory Board for The Lincoln University in Pennsylvania, is a trustee for The Guyana Foundation and the CeCe Peniston Youth Foundation and was recently named to The Root 100 which recognizes emerging and established African-American leaders under 45 who are making extraordinary contributions.

Throughout his career, he has been a visionary agent of change promoting the idea that everyone has an obligation and opportunity to serve the best interests of our nation's most precious resource – children. Byron is a former columnist for Parenting, where he wrote "Parent University" monthly and served on their Editorial Advisory Board. Byron served as a lead strategist and planner for NBC News' Education Nation and produced the 1st Annual Building a Grad Nation Summit for the America's Promise Alliance which featured Vice President Joe Biden. The former CEO of the National PTA, Byron has a unique combination of experience from both the non-profit and governmental sectors, having served as the first Chief of Staff for the Office of Public Affairs at U.S. Customs and Border Protection (an agency of the U.S. Department of Homeland Security). Prior to this, Garrett served as National Program Leader for the National 4-H Headquarters at the U.S. Department of Agriculture for the program's seven million participants and 90,000 clubs. While at USDA he was appointed by The White House as co- convener of the Helping America's Youth initiative, an interagency effort to address challenges facing youth and to promote successful solutions.

Earlier in his career, Garrett spent a decade in Phoenix as an education advocate and community leader. He served as Policy Advisor for Faith and Community Initiatives for then Governor Janet Napolitano (former U.S. Secretary of Homeland Security); prior to that role, he was the Director of the Governor's Division for Community and Youth Development, where he administered multiple boards and commissions. A former K-8 charter school principal, Byron has been a guest on the Today Show, MSNBC, Fox and the Dr. Phil Show, and featured in a number of publications, such as the Wall Street Journal, USA Today, and JET Magazine. Ebony named Garrett to its "Power 150," an annual list of "The Most Influential Black Americans."

An accomplished writer, Garrett is the author of several books including the highly popular, "The ABC's of Life" (Scholastic 2013). An accomplished speaker, Garrett has delivered presentations all across the U.S., Europe, Africa, and the Caribbean.

KEYNOTE SPEAKER

Gina Warner is President and CEO of the National AfterSchool Association. NAA - the voice of the afterschool profession - has over 25,000 members across the country and hosts the most comprehensive program of professional development opportunities for afterschool professionals anywhere in the United States. Gina began her afterschool career as a teen - highly engaged in 4-H programs in rural Alabama - and has continued to work at the intersection of education, youth development, public policy and nonprofit leadership throughout her career. Gina relies on her experience as a classroom teacher, an attorney, a U.S. Senate Staffer and a citywide OST leader to guide her as she works to strengthen NAA to meet the needs of both emerging and experienced afterschool professionals through enhanced training and development, increased communication, outreach and membership engagement.



FEATURED SPEAKER

At Kids Included Together (KIT), we know that when children with and without disabilities learn and play together, everyone benefits. KIT is a national nonprofit dedicated to promoting acceptance of differences by teaching people how to meaningfully include children with disabilities or complex needs. KIT also helps organizations create and sustain inclusive environments in which all children can thrive. In doing so, we help drive the national conversation around disability inclusion in child and youth programs.

Viviana Hernandez Saint-Louis has been in the field for over 18 years, working with typically developing children and children with disabilities. She has served as a program specialist/supervisor, camp counselor, preschool teacher, and camp director overseas and formerly served as Affiliate Coordinator at KIT. Currently, Viviana serves as KIT's Inclusive Communities Education and Training Specialist working with Community organizations and Military programs located nationwide, providing In-person and online training as well as technical assistance to teachers and adults working in the childcare field, supporting them to utilize KIT services and to implement inclusive practices in their programs and communities. She is a national conference speaker presenting at youth development and after-school conferences across the US. She is the former VP of the California School-age Consortium San Diego Chapter.

Viviana received her Bachelors of Science in Human Services with an emphasis in Youth Development and Community Leadership from Springfield College. She is a certified Family Support Specialist through Alliant University and the National Alliance of Mental Illnesses San Diego chapter and holds a current certification in Youth & Adult Mental Health First Aid.



Workshops taught by Viviana will be highlighted in **BLUE**.

WORKSHOP DESCRIPTIONS

Friday

10:00 AM — 11:15 AM

Engage Your Students to Explore and Prepare for Their Career Path

Marbella A

Jeff Beiswinger, Jay Webster, Regional Professional Development Center

This interactive session will demonstrate how to utilize Missouri Connections as an instructional resource to access career inventories and occupational resources that can be used to enrich a lesson and provide relevance to student learning. Participants will be introduced to Individual Career Academic Plan (ICAP) and gain an understanding of the relationship between Missouri Connections and a developing ICAP. Please bring an electronic device (laptop, iPad, or smart phone) to access Missouri Connections

Afterschool Meals: A Win-Win-Win for MO Schools, Kids, and Nonprofit Orgs!

Escollo

Jonathan Barry, Family & Community Trust

The CACFP At-Risk Afterschool meals program provides kids with a nutritious meal fueling one of the most active times of day; between lunch and dinner. Afterschool meals programs, available to schools and nonprofits can provide a financial boost to food service programs and be a lifeline for kids who may not have dinner waiting at home. learn how your organization can get involved in helping eliminate food insecurity in your community!

Power Up with PLAY!

Lookout

Tyler Kearns, Clayton School District

We all play in afterschool but do you know why? Can you explain to your parents why play is important? In this session, you will learn the secrets of PLAY and then go hands on to create, learn, and play games and activities you can take back to your staff and students.

Gearing Up for Inclusion

Granada C

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Ever hear staff say, "We weren't trained for this!"? As the field leader in inclusion, Kids Included Together is your friendly guide to enhancing disability inclusion and supporting positive behavior in your after school program. This highly interactive workshop will provide practical steps to achieve your disability inclusion goals. Through scenarios taken from real world situations, KIT will outline a path of resources and supports to access at time of need. Participants will leave with several resources including a tool to gather information from families and a self-assessment to gauge your program's inclusive practices.

WORKSHOP DESCRIPTIONS

Developing Effective Partnerships

Valencia B

Allyson Zalewski, Hershawna Turner, You For Youth (Y4Y)

What makes a partnership effective? How do you enrich or build on existing partnerships to strengthen your program? This session will review Y4Y tools and resources designed to help out-of-school time programs develop and improve relationships with schools, community- and faith-based organizations, and other partners. Learn how to identify your needs, find partners, and create and maintain partnerships that will help you sustain your program.

Statewide Afterschool Results: What the Data Tells Us

Cinema

Jason Patrie, Dr. Wayne Mayfield, MASN, OSEDA

In this workshop, we will review the results of the 2017-18 Statewide Afterschool Evaluation and year one of the DESSA. This will include an overview of the data sources, review of the quality model, and comparison of various outcomes over the past several years.

TechBridge Girls: Excite, Educate, and Equip Girls Through STEM

Valencia A

Lydia Albertson, MU Adventure Club

This session gives an overview of the TechBridge approach to getting girls (grades 3+) excited about career paths in the STEM Education field. This session will describe the TechBridge Way and then focus on the core areas of community engagement and growth mindset.

Friday (Keynote)

11:30PM — 12:00PM

1988-2018: Celebrating 30 Years as a Profession

Granada B

Gina Warner, National Afterschool Association (NAA)

The more things change, the more they stay the same. And that's good news for our profession – and especially for the children, families, and communities we serve. Gina Warner, President and CEO of the National Afterschool Association, will take us on a nostalgic journey of our 30 year history of society and our profession. She will also challenge and inspire us as we look to the future for our field and our role as leaders in it.

WORKSHOP DESCRIPTIONS

Friday

2:00 PM— 3:15 PM

Improving SEL Skills Through Program Planning

Cinema

Karen DeChant Ross, Aperture

The DESSA helps your program measure the social and emotional competence of the youth you serve. In this session, we'll review the DESSA reports and look at how to model, teach, and improve the SEL skills of the youth using the Growth Strategies and the Foundational Practices. Sample lessons and planning guides will be presented.

Engaging Hands-On Science for Afterschool

Marbella A

Misty Alexander, Ginger Keeton, Dave Sirrett, Paula Benson, Dixon R-1 School District

Based on science guru Steve Spangler's Sick Science YouTube Channels and books, we'll show you how to have a most exciting afterschool class filled with exploding rockets, screaming balloons, and much more for all age groups! This session is taught by four classroom teachers. We're here to show you how easy and affordable our science program is so you can begin your own class for your afterschool program. Our class is based on current MLS science standards, including problem-solving, collaboration, and engineering aspects. This is not a promotion of Steve Spangler.

Zen in the Afterschool Program

Escollo

Susan Kaye Vasterling, Brian McKinnon, Parkway Rockwood Community Ed

The importance of presenting a space to create environments which foster natural engagement, encourage participation and exploration.

Purpose & Perspective: Learning How to Stay Grounded Through Life's Daily Dramas

Valencia B

Colleen Abbott, Eldon Learning Enriched Afterschool Program (LEAP)

Does daily staff or parent drama get you down? Is your work place full of energy or full of strife? Does it ever feel like you are living in the Wild Kingdom? By naming our animal behaviors and how to prevent them in our relationships, this workshop will provide fun ways to name the issue, provide solutions, and better understand the role we as leaders play in these situations.

Foundations of Inclusion (Part 1)

Granada C

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Including youth with disabilities in after school programs can be very challenging, but nothing is more rewarding than witnessing a youth make a friend, enjoy a game or experience an accomplishment. This highly-interactive workshop will allow participants to face the fears involved in inclusion (I don't know what to do! I don't know anything about that disability!) through activities designed to promote an understanding of inclusion and supporting all youth. (Part 1 of 2)

WORKSHOP DESCRIPTIONS

Active Afterschool Programs: Creating Fit Families and Communities

Valencia A

Shauvon Simmons Wright, Alliance for a Healthier Generation

What does family engagement look like at your site? Are you looking to create excitement about physical activity and healthy eating while educating and engaging the families and the community you serve? Join us as we explore tips and tools to increase your families participation of wellness in your afterschool program. You will leave this session with turn-key resources and success stories that are easily implemented and can be done as soon as you return to your program.

Activities to Connect with Students and Staff

Lookout

Brad Lademann, MASN

Need games you can use to build connections among youth? Looking for activities designed to bring your staff together? Join us as we explore activities that will create opportunities for people to get to know one another, to work together, and to have some fun and laughter in the process.

Friday

3:45 PM— 5:00 PM

Improving SEL Skills Through Program Planning

Cinema

Karen DeChant Ross, Aperture

The DESSA helps your program measure the social and emotional competence of the youth you serve. In this session, we'll review the DESSA reports and look at how to model, teach, and improve the SEL skills of the youth using the Growth Strategies and the Foundational Practices. Sample lessons and planning guides will be presented.

Cactus Hotel/Novel Engineering

Marbella A

Joy Taylor, St. Louis Public Schools

Students will listen to a literary non-fiction read aloud and use literacy skills (reading, writing, discussion, and listening) to understand the central message of the book. They will then sketch out their understanding of a cactus hotel and its inhabitants. Based on their sketches they will then decide whether to create an individual painting/collage or work with a partner to construct a 3-D cactus hotel. Each student or partner duo will present their structure or painting with a reciting of their haiku.

WORKSHOP DESCRIPTIONS

Foundations of Inclusion (Part 2)

Granada C

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Including youth with disabilities in after school programs can be very challenging, but nothing is more rewarding than witnessing a youth make a friend, enjoy a game or experience an accomplishment. This highly-interactive workshop will allow participants to face the fears involved in inclusion (I don't know what to do! I don't know anything about that disability!) through activities designed to promote an understanding of inclusion and supporting all youth. (Part 2 of 2. Not necessary to attend Part 1 in order to attend Part 2.)

Elevate!

Lookout

Stephanie Valdivia, Laquey R-V School

How communication with your students can lead to a more engaging and positive program!

Do You Really Want Them There: A Discussion in Best Practices in Youth and Family Engagement in Afterschool

Escollo

Janet Miles-Bartee, Carl Wade, LINC

Creating a true student and parent led program that encompasses the needs of the community is imperative in creating a successful afterschool program. The question is, do you really want them there? While there is no one-size-fits-all answer for every afterschool program, meeting the needs of students and families through positive and meaningful engagement is essential to high quality programming. This workshop will provide a discussion on some of the best practices in youth and family engagement currently being employed in afterschool programs.

Not Just Another Leadership Workshop

Valencia A

Joseph Moheban, Matthew Moheban, 220 Leadership

Join us for a fun, challenging, high-energy session where we take you through our student leadership workshop-as one of our students. Learn our process to help your student by going through it yourself! You'll leave with your new "unrealistic" definition of long-term success, renewed intrinsic motivation, and a tangible plan to achieve your ultimate goals. Learn how to : 1) Help students find their 'why' to improve performance in school, leadership development, personal growth, communication, and relationships and 2) Help students learn advanced goal setting to build a bridge from their current situation to their long-term definition of personal success.

WORKSHOP DESCRIPTIONS

Building Youth-Led Civic Engagement Projects

Valencia B

Allyson Zalewski, Hershawna Turner, You For Youth (Y4Y)

Youth-led civic engagement uses project-based learning to foster opportunities for academic and civic engagement and growth. Participants will learn how to plan and implement civic engagement projects that enhance the knowledge and 21st century skills of students. Learn how Y4Y can help you design and move youth-led plans into action, and how to use evaluation and reflection tools to measure and document a project's impact on student learning and the community.

Saturday (Keynote)

8:15 AM — 9:15 AM

Wired for Greatness: A Collaborative Approach to Head and Heart Learning

Granada B

Byron Garrett, National Family Engagement Alliance (NFEA)

The growing field of social and emotional learning (SEL) and its relationship to academic success and well-being are explored in this collaborative session. Issues in implementing and assessing SEL solutions are analyzed, including the roles of school and district leadership, teachers, families, and communities. Participants will understand how incorporating current events and SEL themes is essential for success in school and life, leading to a growth mindset. Increasing intentionality by appreciating the whole child and identifying tools available for applying this knowledge in classrooms serves to connect educational settings and meet the needs of students we serve. All participants will be provided with professional learning tools for actionable success.

Saturday

9:30 AM — 12:00 PM

Coffee at the Café

Marbella A

Brian Williams, Caring Communities of Randolph County

Come join us for a quick overview of the Parent Café process and how it is being utilized to engage parents in more meaningful ways with their family and children. Parent Café offers parents an opportunity to engage in insightful, informative, and interactive conversations about what matters most-their children and how to strengthen their family by building protective factors. Participants will experience a hosted table conversation focusing on the Five Protective Factors. Grab a cup of coffee and come join us at the Parent Cafe!

Stewards of Children

Escollo

Kelly Schultz, State of Missouri Office of Child Advocate

Stewards of Children is the only evidence informed prevention of child sexual abuse training in the nation. Participants will learn to prevent, identify, and respond to child sexual abuse.

WORKSHOP DESCRIPTIONS

Listen, The Movie

Brad Lademann, MASN

Cinema

Listen is a Hollywood style film that tells the story of what happens when we don't pay attention. It's about all of us and the impact we have on a regular basis by listening or not listening to one another.

GPS: Guiding Positive Behaviors thru Program Environment and Supports

Cassie Hackett; Erica Kreisler, Lee's Summit Before & After School; Kids' Safari-Korte Elementary

Valencia B

Explore why the environment is important to managing behaviors during School Age Care. "GPS" is an interactive session focusing on the "How To's" of creating supportive environments for challenging behaviors and developing and sustaining partnerships. Participants will walk away with easy and affordable solutions that take little time to implement.

Behavior Support Techniques

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Granada C

Throughout this session, participants will learn strategies for addressing challenging behavior. Guidelines for responding to behavior will be presented. Participants will discuss how to identify influences on behavior, define behavior problems, and develop plans to teach skills. The session concludes with a discussion of appropriate behavior support tools.

Telling the Tales of Your Adventures

Casey Hanson, Colleen Abbott, MASN; Eldon LEAP

Valencia A

Every afterschool program has a good story and a message to share, whether it be for fundraising, partnership building or legislator engagement. This interactive workshop will help program staff and leaders answer 5 Ws and H of storytelling for a purpose. Participants will leave with tools and strategies to market their programs.

Strategies for SEL Success

Karen DeChant Ross, Aperture

Lookout

In this interactive session, we will introduce functional ways to weave a thread of social and emotional learning into your program planning. Using data from sample DESSA reports, we'll highlight different ways to incorporate the Growth Strategies and the Foundational Practices. We'll look at sample planning guides and run through some of the strategies your program can use to model and teach SEL skills in your program

WORKSHOP DESCRIPTIONS

Saturday

12:30 PM — 1:15 PM

Wired for Greatness: A Collaborative Approach to Head and Heart Learning

Cinema

Byron Garrett, National Family Engagement Alliance (NFEA)

The growing field of social and emotional learning (SEL) and its relationship to academic success and well-being are explored in this collaborative session. Issues in implementing and assessing SEL solutions are analyzed, including the roles of school and district leadership, teachers, families, and communities. Participants will understand how incorporating current events and SEL themes is essential for success in school and life, leading to a growth mindset. Increasing intentionality by appreciating the whole child and identifying tools available for applying this knowledge in classrooms serves to connect educational settings and meet the needs of students we serve. All participants will be provided with professional learning tools for actionable success.

Saturday

1:30 PM—2:45 PM

Robotic Dancing Markers

Marbella A

Charly Brewer, Missouri Alliance for Arts Education (MAAE)

In this session, explore STEAM and how science and art can come together and create an awesome robot that dances across your page, leaving swirling lines of color and unique patterns! Come and prepare to be amazed!

Boost Your Skills in Teaching STEM

Valencia A

Lynn Farrin, Maine Mathematics and Science Alliance

It's no secret! Afterschool STEM programming engages kids, generates excitement, and creates passionate learners. As we facilitate STEM activities, what can we do to make the learning even more impactful? During this session, you'll have the opportunity to test drive and sign up for a no-cost PD program focused on improving our STEM facilitation skills, such as Asking Purposeful Questions. Whether you're new to teaching STEM or you are a seasoned veteran directing STEM programming, this fun and engaging session will give you a glimpse of the free resources and collaborative peer coaching support available to you through this program.

It's in the Bag: Creating a Bag of Tricks

Granada C

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Who knew?! This hands-on workshop will prepare every participant to go back and create an effective, portable treasure chest of youth supports, referred to as a Bag of Tricks. Participants will discover simple and inexpensive items found in any dollar store that can be used to support after school participants when they are struggling. Highlights include a competition for the most creative use of an item and a door prize drawing of a complete Bag of Tricks.

WORKSHOP DESCRIPTIONS

Developing Effective Partnerships

Escollo

Allyson Zalewski, Hershawna Turner, You For Youth (Y4Y)

What makes a partnership effective? How do you enrich or build on existing partnerships to strengthen your program? This session will review Y4Y tools and resources designed to help out-of-school time programs develop and improve relationships with schools, community- and faith-based organizations, and other partners. Learn how to identify your needs, find partners, and create and maintain partnerships that will help you sustain your program.

Building Community

Lookout

Carl Wade, LINC

Building an emotionally safe community of peers and adults is at the core foundation of providing a quality afterschool program. A safe and nurturing environment is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

MASN and 220 Leadership-Student Leadership Summits

Terrace II

Joseph Moheban, Matthew Moheban, 220 Leadership

The Missouri Afterschool Network has partnered with 220 Leadership, a Chicago-based youth development organization to start a brand new program for high school students in Missouri afterschool programs. Students will participate in a full-day leadership retreat hosted at one Missouri University with leadership programming being delivered by the 220 founders.

SAC Programs: The 3 to 6 Fix

Valencia B

James Reed, DESE

Participants will receive updates and training on issues in the 2017-18 school year and what to look forward to in 2018-19.

Saturday

3:30PM— 4:45PM

Using the Toolbox to Manage Your Professional Development

Terrace II

Aleesha Coke, Candra Staponski, Shawn Jackson, OPEN Initiative

Inspiring practitioners to see professional development as a career-long journey, and to take ownership and pride in that journey. This session will also provide the guidance needed for practitioners to competently use the tools available that support their professional development.

WORKSHOP DESCRIPTIONS

Thoughtful Games for Global Awareness

Valencia B

Robin Koerber, Missouri State University

Engage students with hands-on activities that can broaden their perspective about the world around them. Discover fun, interdisciplinary games and role-playing activities that explore lifestyles around the globe, environmental connections, health, education, demographics and more. Stimulate discussion, critical thinking and problem-solving, while building knowledge and awareness.

It's in the Bag: Creating a Bag of Tricks

Granada C

Viviana Hernandez Saint-Louis, Kids Included Together (KIT)

Who knew?! This hands-on workshop will prepare every participant to go back and create an effective, portable treasure chest of youth supports, referred to as a Bag of Tricks. Participants will discover simple and inexpensive items found in any dollar store that can be used to support after school participants when they are struggling. Highlights include a competition for the most creative use of an item and a door prize drawing of a complete Bag of Tricks.

Investing in Family Engagement

Escollo

Allyson Zalewski, Hershawna Turner, You For Youth (Y4Y)

Engaging families in your program can be challenging but is easily worth the investment of time, energy and resources when you see the value in terms of student success. This session will explore best practices for improving and developing relationships with families. You for Youth (Y4Y) trainers will collaborate with participants to customize free resources and tools to help create a family-friendly environment, serve family needs, plan activities for engagement and solicit family input and leadership.

Citizen's Response to Active Threats

Lookout

Zac Chinaea, Paulina Chinaea, MUPD

This course is based on Greg Crane's ALICE® Program and the Department of Homeland Security's Run, Hide, Fight® Program. It takes a comprehensive approach to dealing with active shooter/violent intruder incidents that may occur in the workplace, school, or public settings. Participants are taught to use integrated strategies incorporating Environmental Design, Technology & Communication, Law Enforcement Response, and most importantly ACTION by those in immediate danger because they are the REAL First Responders. Students will learn how to react and respond to violent intruders by taking an active role in their own survival.

Burnout Happens: What It Is and How to Avoid It

Marbella A

Brad Lademann, MASN

Burnout is a very real problem that is often experienced by administrators and staff in the world of afterschool. Come learn what burnout looks like and take away some strategies to help staff stay mentally healthy.

WORKSHOP DESCRIPTIONS

Trio of Wellness-Physical Activity, Healthy Eating, and Staff Role Modeling

Valencia A

Shauvon Simmons Wright, Alliance for a Healthier Generation

Are you looking for ways to ACTIVATE new physical activity offerings in your afterschool program and ENHANCE the implementation of healthy eating practices? If you looked around your OST program, would you see staff drinking water and participating with students during physical activity time? Join us as we explore, new physical activities and games that can be implemented as quick brain breaks, infused into academic enrichment time and used in outdoor play, tools and resources to assist you in serving “smart snacks” and providing nutrition education, and strategies to engage staff in being healthy role models, while improving their own health.

21st CCLC and SAC Evaluation Rubrics: Updated for 2018-2023

Cinema

Terri Foulkes, MASN

The changes found in the Every Student Succeeds Act (ESSA) have been incorporated into the 21st CCLC External Evaluation/Guided Reflection process. This session will provide information about the shift toward targeted activities to support documented student need, increased school day communication and collaboration, and academic enrichment activities for the families of children in the program. Copies of the new evaluation objectives and criteria rubric will be distributed during the session.

Sunday

8:30AM— 9:30AM

Inspired by Afterschool Talks

Cinema

Colleen Abbott, Eldon; Megan Kuhnert, Independence; Facilitated by Brad Lademann, MASN

In afterschool programs, we are often working to inspire our students to reach their full potential. We can also be inspired in that setting by our students, their parents, or our colleagues. This session will feature a few of your peers who will talk about how we can inspire, and be inspired, while working in the world of afterschool. Come with an open mind and heart, and find some inspiration!



Night at the Movies

Trivia Night

Granada AB at 6:00 p.m.

The Saturday evening social will be a movie themed Trivia Night! Often at Trivia Nights, groups express their individuality by bringing their own special snacks and beverages. Since we are at a hotel, that is not an option – but DECORATIONS and COSTUMES will earn you prizes!

- Decorations – bring movie themed decorations to decorate your table! The best table decorations will win prizes!
- Costumes – dress up like your favorite movie characters! The best table costumes and individual costumes will win prizes!

Not traveling with a group? That's ok – we will help you sign up for a table with others who have similar movie interests or even at random tables with strangers who will become your new friends! You can still wear costumes and bring decorations.

But what about the food? Don't worry ... we have you covered there too. We will have a baked potato bar for dinner, followed by finger foods brought out after certain rounds. We will provide 2 drink tickets and a cash bar will be available throughout the event.

SPARK SESSIONS

Sunday

9:45 AM—10:15 AM

You Gotta Laugh: SPARK Your Inner Child

Clint Darr, MASN

Valencia B

Did you know that children laugh about 400 times a day but as adults we only laugh about 17 times per day? This is not a laughing matter. But wait, actually it is! Come to this fun, informative, highly interactive SPARK session to reignite your inner child using laughter yoga techniques taught by a Laughter Yoga instructor and trainer. Not only will you learn how to get laughter back into your own life, but will also learn strategies and activities for putting laughter into your afterschool program! LOL, ROTFL guaranteed!

Keep Safe: Self-Defense for Afterschool Staff

Tyler Kearns, Clayton School District

Lookout

This workshop will cover basic strategies in self care, self defense. We will cover basic techniques to use to keep yourself and others safe in different scenarios. This is not CPI type training that you would apply with students.

Do You Really Want Them There: A Discussion in Best Practices in Youth and Family Engagement in Afterschool

Janet Miles-Bartee, LINC

Marbella A

Creating a true student and parent led program that encompasses the needs of the community is imperative in creating a successful afterschool program. The question is, do you really want them there? While there is no one-size-fits-all answer for every afterschool program, meeting the needs of students and families through positive and meaningful engagement is essential to high quality programming. This workshop will provide a discussion on some of the best practices in youth and family engagement currently being employed in afterschool programs.

Addressing the Unique Challenges of Out of School Time in Urban Communities (TABLE TALK: NOT FOR CLOCK HOURS)

Kay Lewis, Audrey Wilson, MASN, Boys and Girls Club of St. Louis

Valencia A

Afterschool programs in urban areas share many of the same challenges that programs in other areas face, such as coping with limited funding and addressing staff recruitment and retention issues. But studies have also identified unique challenges that can hinder the success of urban afterschool programs. Please join us as we provide insight into promising practices for addressing these unique challenges.

Using the Toolbox to Manage Your Professional Development

Aleesha Coke, Candra Staponski, Shawn Jackson, OPEN Initiative

Escollo

Inspiring practitioners to see professional development as a career-long journey, and to take ownership and pride in that journey. This session will also provide the guidance needed for practitioners to competently use the tools available that support their professional development.

SPARK SESSIONS

Sunday

10:30 AM—11:00 AM

Growing Leaders

Erica Kreisler, Independence School District

Valencia A

This session is to help guide staff in creating ways that the youth in your program can lead. Topics we will cover are community service in your program/school, student job fairs, and student takeover opportunities. We will also network and share successes within each other's programs.

One Little Word

Sheryl Godsy, MASN

Escollo

The idea of selecting a guiding word resonates with many people and the trend of choosing a "Word of the Year" has gained popularity for good reason! Change is possible, but focus is required. Come to this session for an opportunity to choose your one little word and then to make a project to keep this word as a reminder and motivator for the year.

Listening Helps

Brad Lademann, MASN

Valencia B

Come discuss the importance of listening to our students and practice several activities to help you become a better listener.

Power Up Your T.E.A.M. with PLAY

Tyler Kearns, Clayton School District

Lookout

This power-packed play session will give you a look into team development. You will leave with games to take back to program students and staff to get your teams playing together.

Cactus Hotel/Novel Engineering?

Joy Taylor, St. Louis Public Schools

Marbella A

This SPARK Session will give an overview of how students listen to a literary non-fiction read aloud and use literacy skills (reading, writing, discussion, and listening) to understand the central message of the book. Students sketch out their understanding of a cactus hotel and its inhabitants. Based on their sketches, they will then decide whether to create an individual painting/collage or work with a partner to construct a 3-D cactus hotel. Each student or partner duo presents their structure or painting with a reciting of their haiku.

SPARK SESSIONS

Sunday

11:15 AM—11:45 AM

One Little Word

Sheryl Godsy, MASN

Escollo

The idea of selecting a guiding word resonates with many people and the trend of choosing a "Word of the Year" has gained popularity for good reason! Change is possible, but focus is required. Come to this session for an opportunity to choose your one little word and then to make a project to keep this word as a reminder and motivator for the year.

Building Community

Carl Wade, LINC

Lookout

Building an emotionally safe community of peers and adults is at the core foundation of providing a quality afterschool program. A safe and nurturing environment is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities designed to support the community building process.

Addressing the Unique Challenges of Out of School Time in Urban Communities (TABLE TALK: NOT FOR CLOCK HOURS)

Kay Lewis, Audrey Wilson, MASN, Boys and Girls Club of St. Louis

Valencia A

Afterschool programs in urban areas share many of the same challenges that programs in other areas face, such as coping with limited funding and addressing staff recruitment and retention issues. But studies have also identified unique challenges that can hinder the success of urban afterschool programs. Please join us as we provide insight into promising practices for addressing these unique challenges.

Zen in the Afterschool Program

Susan Vasterling, Parkway-Rockwood School District

Marbella A

The importance of presenting a space to create environments which foster natural engagement, encourage participation and exploration.

All Things Communication (TABLE TALK: NOT FOR CLOCK HOURS)

Casey Hanson, MASN

Valencia B

Join this table talk group to discuss all aspects of communicating about your program. Get tips on social media. Ask for software recommendations. Discuss parent newsletters. You name it-we'll talk about it! This is a great time to ask questions and get helpful advice.

Join us for future meetings and events throughout the year!



Afterschool Committee Meetings

Stoney Creek Inn & Conference Center, Columbia, MO

December 6, 2018

March 13, 2019

May 9, 2019

9:30 a.m. - 1:30 p.m.

Afterschool Advocacy Day

Jefferson City, MO

February 20, 2019

2019 MOSAC2 Professional Development Institute

Lodge of Four Seasons, Lake Ozark, MO

November 15-17, 2019

PDI Minis

TBD

Watch the Pipeline and check out www.moafterschool.org for specific dates and locations.

| | | Granada C | Escollo | Marbella A | Lookout |
|----------|-------------------|---|--|---|---|
| Friday | 10:00 to 11:15 | Gearing Up for Inclusion | Afterschool Meals: A Win-Win-Win for MO Schools, Kids... | Engage Your Students to Explore and Prepare for Their Career Path | Power Up with Play! |
| | 11:30 to 12:00 | Keynote - Gina Warner - Celebrating 30 Years as a Profession (Granada AB) | | | |
| | 12:00 to 2:00 | Celebration of Afterschool Recognition Luncheon (Granada AB) | | | |
| | 2:00 to 3:15 | Foundations of Inclusion (Part 1) | Zen in the Afterschool Program | Engaging Hands-On Science for Afterschool | Activities to Connect with Students and Staff |
| | 3:15 to 3:45 | Snack/Exhibitor Break (Granada Foyer) | | | |
| | 3:45 to 5:00 | Foundations of Inclusion (Part 2) | Do You Really Want Them There: A Discussion in... | Cactus Hotel/Novel Engineering | Elevate! |
| | 8:00 to ??? | Private (Cash) Bar and Karaoke and Music in Thirst | | | |
| Saturday | 6:30 to 7:00 | Adventure Awakes - Walk the Lake (meet at the Lakeview Outdoor Patio) or Get Fit (Valencia B) | | | |
| | 7:00 to 8:00 | Breakfast (Granada AB) | | | |
| | 8:00 to 9:15 | Keynote - Byron Garrett - Wired for Greatness (Granada AB) | | | |
| | 9:30 to 12:00 | Behavior Support Techniques | Stewards of Children | Coffee at the Café | Strategies for SEL Success |
| | 12:00 to 1:15 | Lunch (Granada AB) | | | |
| | 11:30 to 1:15 | Wired for Greatness (more with Byron Garrett) | | | |
| | 1:30 to 2:45 | It's in the Bag: Creating a Bag of Tricks | Developing Effective Partnerships | Robotic Dancing Markers | Building Community |
| | 2:45 to 3:30 | Coffee and Cake with the Chat Pack (Granada AB) | | | |
| | 3:30 to 4:45 | It's in the Bag: Creating a Bag of Tricks | Investing in Family Engagement | Burnout Happens: What it is and How to Avoid it | Citizen's Response to Active Threats |
| | 6:00 to 9:00 | Trivia Night Social (Granada AB) | | | |
| Sunday | 6:30 to 7:00 | Adventure Awakes - Walk the Lake (meet at the Lakeview Outdoor Patio) or Laughter Yoga (Valencia B) | | | |
| | 7:30 to 8:30 | Breakfast (Granada AB) | | | |
| | 8:30 to 9:30 | Inspired by Afterschool Talks (Cinema) | | | |
| | 9:45 to 10:15 | | Using the Toolbox to Manage Your Professional De- | Do You Really Want Them There: A Discussion in Best | Keep Safe: Self-Defense for Afterschool Staff |
| | 10:30 to 11:00 | | One Little Word | Cactus Hotel/Novel Engineering | Power Up Your T.E.A.M. with PLAY |
| | 11:15 to 11:45 | | One Little Word | Zen in the Afterschool Program | Building Community |
| | 11:45 to 12:00 PM | Prizes (Cinema) | | | |

| Valencia A | Valencia B | Cinema | Terrace II | | |
|---|--|---|--|-------------------|----------|
| TechBridge Girls: Excite, Educate, and Equip Girls Through STEM | Developing Effective Partnerships | Statewide Afterschool Results: What the Data Tells Us | | 10:00 to 11:15 | Friday |
| Keynote - Gina Warner - Celebrating 30 Years as a Profession (Granada AB) | | | | 11:30 to 12:00 | |
| Celebration of Afterschool Recognition Luncheon (Granada AB) | | | | 12:00 to 2:00 | |
| Active Afterschool Programs: Creating Fit... | Purpose & Perspective: Learning How... | Improving SEL Skills Through Program Planning | | 2:00 to 3:15 | |
| Snack/Exhibitor Break (Granada Foyer) | | | | 3:15 to 3:45 | |
| Not Just Another Leadership Workshop | Building Youth-Led Civic Engagement Projects | Improving SEL Skills Through Program Planning | | 3:45 to 5:00 | |
| Private (Cash) Bar and Karaoke and Music in Thirst | | | | 8:00 to ??? | Saturday |
| Adventure Awakes - Walk the Lake (meet at the Lakeview Outdoor Patio) or Get Fit (Valencia B) | | | | 6:30 to 7:00 | |
| Breakfast (Granada AB) | | | | 7:00 to 8:00 | |
| Keynote - Byron Garrett - Wired for Greatness (Granada AB) | | | | 8:00 to 9:15 | |
| Telling the Tales of Your Adventures | GPS: Guiding Positive Behaviors through ... | Listen, The Movie | | 9:30 to 12:00 | |
| Lunch (Granada AB) | | | | 12:00 to 1:15 | |
| | | | | 11:30 to 1:15 | |
| Boost Your Skills in Teaching STEM | SAC Programs: The 3 to 6 Fix | | MASN and 220 Leadership - Student Leadership ... | 1:30 to 2:45 | |
| Coffee and Cake with the Chat Pack (Granada AB) | | | | 2:45 to 3:30 | |
| Trio of Wellness-Physical Activity, Healthy ... | Thoughtful Games for Global Awareness | 21st CCLC and SAC Evaluation Rubrics: Updated ... | Using the Toolbox to Manage Your Professional... | 3:30 to 4:45 | |
| Trivia Night Social (Granada AB) | | | | 6:00 to 9:00 | Sunday |
| Adventure Awakes - Walk the Lake (meet at the Lakeview Outdoor Patio) or Laughter Yoga (Valencia B) | | | | 6:30 to 7:00 | |
| Breakfast (Granada AB) | | | | 7:30 to 8:30 | |
| Inspired by Afterschool Talks (Cinema) | | | | 8:30 to 9:30 | |
| Addressing the Unique Challenges (No Clock Hours) | You Gotta Laugh: SPARK Your Inner Child | | | 9:45 to 10:15 | |
| Growing Leaders | Listening Helps | | | 10:30 to 11:00 | |
| Addressing the Unique ... (No Clock Hours) | All Things Communication (No Clock Hours) | | | 11:15 to 11:45 | |
| Prizes (Cinema) | | | | 11:45 to 12:00 PM | |

HOTEL MAP



THE LODGE OF FOUR SEASONS

GOLF RESORT, MARINA & SPA

