



2020 MOSAC2 PRESENTATION DESCRIPTIONS

Thursday, November 19, 2020

8:00-4:00 **Networking Room**

Join us anytime throughout the day to network with MASN staff and other conference attendees. Think of this as your virtual hallway where you can run into people you know, ask for help from the conference team, or set meeting times to connect with someone new... "Hey, let's meet in the Networking Room at 2:30 to talk about ..." The MASN team can send you and your colleagues to themed breakout rooms, private breakout rooms, or visit with you in the main room, so pop in whenever you'd just like to chat and hang out.

Check out the schedule for pre-planned Networking Room events such as the BYOCAB (Bring Your Own Coffee and Bagels), Chat & Chew with the Chat Pack, and more!

8:00-8:45 **Breakfast Social**

BYOCAB (Bring Your Own Coffee And Bagels) and join us for some breakfast conversation before we get started on our day. The room will be open for a big group conversation on whatever topic comes up or plan to meet some friends, both new and old, and be put in a breakout room for a smaller group conversation. Kick off your day with some informal connections!!

9:00-10:15 Breakout Sessions

- **Session 1: Bringing STEM to Life Through Entrepreneurship**
Cristal Glangchai, Scott Mann, Venture Lab
During this session, participants will receive an overview of youth entrepreneurship and its connection to STEAM, experience Venture Lab's engaging entrepreneurship activities, and leave with access to resources to bring entrepreneurship to life for their students.
- **Session 2: Talks Inspired By Afterschool**
Niesha Nelson, Casey Conklin
In afterschool programs, we are often working to inspire our students to reach their full potential. We can also be inspired in that setting by our students, their parents, or our colleagues. This session will feature a few of your peers who will talk about how we can inspire, and be inspired, while working in the world of afterschool. Come with an open mind and heart, and find some inspiration!

- Session 3: Show-Me Echo: Developmental Disabilities

10:30-11:45 General Session

Keynote by Michelle Cummings, Training Wheels

12:00-12:45 **4-H Club and Curriculum Showcase and Small Group Networking**

Join us for a part of your lunch break to hear about a variety of 4-H curricula available to afterschool programs. Or, we are happy to send you to a Zoom room with friends or new acquaintances that you would like to chat with.

1:15-2:30 Breakout Sessions

- Session 1: **Leadership and Emotional Resiliency**

Michelle Cummings

Emotional Resiliency is the ability to adapt to stressful relationships and situations in the workplace. Great leaders know how to navigate these, but it's not always easy! In this workshop, participants will have the opportunity to actively participate in a number of experiential activities that bring emotional resiliency to life. Attend this session if you are interested in becoming a leader who is emotionally resilient as well as learn more about your stress triggers and how they affect your leadership.

- Session 2: **Simple Activities to Support Whole Child Health**

Michelle Owens, Daniel Hatcher, Alliance for a Healthier Generation

Attendees will leave this interactive workshop with inexpensive strategies to support whole child health. As a group, we will discuss and explore resources to engage staff, students and families, whether in-person or virtually. Participants will have an opportunity to work together to draft a simple community and family needs assessment to support wellness programming this winter.

- Session 3: **Box Cars and One-Eyed Jacks**

Jane Felling, Box Cars and One-Eyed Jacks

ALL PARTICIPANTS NEED TO HAVE READY A DECK OF CARDS AND 6 REGULAR SPOTTED DICE

We need to keep our students active and engaged in hands-on math games and activities whether we are teaching in person, virtually or in a hybrid setting. Come prepared to play author Jane Felling's favorite card and dice games that help build operational fluency concepts. Games will focus on basic facts, for addition, subtraction and multiplication, doubles, make 10, square facts, multi-digit practice and more. Games will be taught with strategies for social distancing and adaptations so that games can be played at home. Participants will be able to download a PDF of the games during the workshop for immediate follow up use in their afterschool programs. Come prepared to play and participate. Prizes and Coupons!

2:30-3:00 **Chat & Chew with the Chat Pack**

Take an afternoon break with the Chat Pack Facebook group. We will have semi-facilitated breakout groups on a variety of topics that you can select from. Meet other afterschool

professionals interested in the same topics as you. Reflect upon the day, get excited for the trivia social, and prepare for tomorrow!

7:00-8:30 **Virtual Trivia!**

Concerned that Virtual MOSAC2 2020 would skip the evening social? We may not be able to give out drink tickets (redeemable for sodas too), but we can still play a fun filled virtual social event!

Trivia Hub, a professional trivia company, will be running the virtual show so all you need to do is click on the Zoom link and be ready to have some fun!

Teams will be flexible so you can play as a staff team, play along with your home team (literally the people in your home), or join a random team with others!

Friday, November 20, 2020

8:00-4:00 **Networking Room**

Join us anytime throughout the day to network with MASN staff and other conference attendees. Think of this as your virtual hallway where you can run into people you know, ask for help from the conference team, or set meeting times to connect with someone new... "Great trivia last night! Let's meet tomorrow at lunch in the Networking Room." The MASN team can send you and your colleagues to themed breakout rooms, private breakout rooms, or visit with you in the main room so pop in whenever you'd just like to chat and hang out.

Check out the schedule for pre-planned Networking Room events such as the BYOCAB (Bring Your Own Coffee and Bagels), Meet the Speaker, and the Reflect and Wrap-Up raffle drawing!

8:00-8:45 **Breakfast Social**

BYOCAB (Bring Your Own Coffee And Bagels) and join us for some breakfast conversation before we get started on our day. The room will be open for a big group conversation on whatever topic comes up or plan to meet some friends, both new and old, and be put in a breakout room for a smaller group conversation. Kick off your day with some informal connections!!

9:00-10:15 Breakout Sessions

- Session 1: **Lead Like a Pirate**
Beth Houf, bhouf@fulton58.org)
- Session 2: **Practice the Soft Stuff to Relieve Yourself of the Hard Stuff (Part 1)**

**(This is a two-part session. Only participants from session 1 will be able to attend session 2.)*

Julia Gabor, Jeffrey Jordan, kid-grit

In this two-part session, we will share easily applied self-care and anxiety relieving tips that support your emotional/mental wellness and physical health. Research shows when using techniques in self-regulation, mindfulness, and self-expression you begin to understand what you can control, and what you cannot. When this process begins, you are on the path to building

resilience. If you're feeling sick and tired of being sick and tired, join us! We promise this session is interactive and even, healing. **This is a two-part session. Only participants from session 1 will be able to attend session 2.*

- **Session 3: Kick Up Your Program with Soccer for Success**

Beth Rasa Edwards, Lili Sanchez, Missouri 4-H

Soccer for Success is a sports-based youth development program that creates positive social change. Built by the U.S. Soccer Foundation and partnered with 4-H to teach healthy lifestyles through the game of soccer. Learn how to become a trained coach-mentor for access to curriculum that provides training, tools and practice plans to run virtual or in-person socially distance sessions. Missouri 4-H Foundation is taking applicants for mini-grants to help you KICK UP your program with 4-H!

10:30-11:45 General Session

Keynote by Daron K. Roberts

12:00PM-12:45 **Meet the Speaker with Daron K. Roberts**

Hop over to the Networking Room to visit with the keynote speaker or connect with others in topical or self-formed breakout rooms.

1:15-2:30 PM Breakout Sessions

- **Session 1: Practice the Soft Stuff to Relieve Yourself of the Hard Stuff (Part 2)**

**(This is a two-part session. Only participants from session 1 will be able to attend session 2.)*

Julia Gabor, Jeffrey Jordan, kid-grit

In this two-part session, we will share easily applied self-care and anxiety relieving tips that support your emotional/mental wellness and physical health. Research shows when using techniques in self-regulation, mindfulness, and self-expression you begin to understand what you can control, and what you cannot. When this process begins, you are on the path to building resilience. If you're feeling sick and tired of being sick and tired, join us! We promise this session is interactive and even, healing. **This is a two-part session. Only participants from session 1 will be able to attend session 2.*

- **Session 2: Tips and Tricks and Virtual Tools to Help with Remote Engagement**

Perrin Chick, ACERS

Have you felt like the last few months of remote learning during COVID-19 were hectic and stressful? Well, you are not alone. Join this session to learn tips, tricks, and tools that are designed to make virtual engagement easier. We'll play together on different platforms, so it doesn't feel so overwhelming. We'll explore together by going on a virtual field trip. We will even show you how to use google jamboard and flipgrid to make your STEM activities easier to deliver. Bring your examples, questions, and success stories too. Together we can help each other do remote teaching better

- **Session 3: Where Does Chocolate Milk Come From: Incorporating Agriculture Science into Your Afterschool Program**

Karla Deaver, Missouri 4-H

Did you know that in a recent survey, nearly half of respondents (48%) weren't sure where chocolate milk comes from? And 7% think brown cows give chocolate milk? With only 2% of the population directly involved in agriculture, helping your students understand the food supply is more important than ever. In this workshop, learn about activities that can help students understand the food chain more thoroughly. Lessons are designed around the various agriculture products. Join this 4-H Youth Development session to learn about additional resources that can help you teach your students about agriculture science in a hands-on, experiential way.

2:30-3:00 Reflect and Wrap Up

End the day back in the Networking Room to reflect upon the day and find out who the attendance prize winners are this year! *Note: You do not need to be present during the drawing to win. All registered attendees will be entered.*